Nangahchivanong (Far end of the Great Lake) Dibahjimouinnan (Narrating of Story)

LAX 4 Life Camp





This year's LAX 4 Life camp brought lots of action both on the playing field and off of it with classroom work, demonstrations, and a visit from Major General Richard C. Nash. the Adjutant General of the Minnesota National Guard.

In This Issue:

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Local news

Roy's research on wild rice wins 4th place internationally

B acillus mycoides is a word that most of us don't know but it's exactly how Cassandra Roy, who just graduated from Cloquet High School, won 4th place at the international

science fair.

Roy began her research on bacillus mycoides, the bacteria that grows on wild rice, because she wanted to know the affects of sulfite mining on wild rice. Her research shows that if we keep adding more and more sulfite it will essentially shorten the 4 year gap that wild rice grows in, until there is no more wild rice left.

The list of Roy's accolades is long, ranging from regional awards to her international award where she was one of 340 kids in the world to win an award. Roy, however, didn't feel like she was going to win an international award.

"I put a sundress on, like nothing really fancy, and my friend Kendra said, 'You're wearing that... what if vou get called up on stage' and I said 'I'm not getting called up on stage, we're at an international fair, it's literally the hardest thing in the world to win something here' and to us, if you make it there, that's winning enough." But Roy and her friend both won 4th place awards at the international fair, and both were so excited that as Roy put it, "people were staring at us."

Roy will be attending UMD next year with hopes of being able to go to Harvard, Cambridge, or Oxford in her

future to study micro biology, forensic anthropology, or medicine research. Roy has never thought of herself as smart, but she is definitely a hard worker.

"The biggest thing that's important is that if I can do it you can do it. A bunch of people have said to me, 'oh you must be so smart, you must get straight A's.' No, I actually graduated with a 2.8 GPA. I'm not the smartest person. But I worked hard. Was it easy? No, it wasn't even close to easy. It's not like I woke up and I was like 'I'm a genius and I know how to do this kind of stuff.' I put in a lot of work," Roy said.

Roy hopes that younger kids aren't intimidated by anyone else's project and that by putting in the effort anyone can become a scientist.

Mrs. Welsh, was one of the most influential people for Roy, even helped her as far back as 7th grade. "Mrs. Welsh is probably one of the most important people in my life. She's such an amazing person," Roy would like to thank her for being there to help her all those years.

FDL School year starts Sept. 3

By Jennifer Johnson

I'm looking forward to another fun and exciting school year. I hope everyone enjoyed their summer vacation and is also excited to come back to school. Please visit our website at fdlrezk12.com for upcoming school events and news. I also encourage parents and guardians to utilize our after school activities program. Applications for these activities are also on our website and programming begins mid-September.

Students in grades 1-12 return to school on Tuesday, Sept. 3. Kindergarten students return Monday, Sept.

K-8 classroom teachers:
K-Nicole Haglund and Jennifer
Bartsch, 1-Joy Jones and Kris Anderson, 2-Meredith Martin and Melanie
Strom, 3Johnson, 4-Jodi Lockling, 5-Shawn
Boyd, 6-Kathleen Garsow, 7-Carol
Smith, and 8-Anna Clark.

We look forward to seeing everyone and together providing another year of meaningful learning opportunities and supporting student achievement. We look forward to your safe return. If you have any questions or concerns, please contact me (218) 878-7284, (218) 591-2083, or e-mail at jenniferjohnson@fdlrez.com

Become A Foster Parent

gan your home. Charge a child's life forever.



Can you make a difference?

Fond du Lac Social Services is accepting applications for foster care homes.

The mission of the FDL Foster Care Program is to increase the number of Native American licensed foster care homes available for Native American children.

**For more information please call. 218-879-1227

"OUR CHILDREN ARE OUR FUTURE"

Nahgahchiwanong Dibahjimowinnan

Translation: Far End of the Great Lake; Narrating of Story

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Editor: Zachary N. Dunaiski

The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that

end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the Native American Journalists Association

Local news

Journey Garden has another successful year

By Maria DeFoe,

Journey Garden Coordinator

he Journey Garden Program (babaamaadiziwin gitigaan) is a six week summer program that taught American Indian students about gardening, college, health careers, journaling, community, Ojibwe language, elder mentorship, building, art, and cooking.

The program started out with an opening ceremony and by the end of the program the students helped prepare the meal for the closing ceremony.

Throughout the six week program, students participated in field trips and learned from presenters helping them gain an understanding about college, health careers, and team building. During the program students were encouraged to write daily in their journals about *phonology*, plant of the day, Ojibwe word, and uses for the plant and reflect on what was taught while participating in camp.

Master Gardener for the pro-

gram, Francois Medion, helped students build two new raised garden beds this summer as well as how to start, establish, and maintain a vegetable garden and taught students how to cook his famous 18 hour bread recipe. Julius Salinas. a substitute teacher and after school activity leader for the Fond du Lac Ojibwe School worked with students on building a three bin compost, located in between the Journey Garden (babaamaadiziwin gitigaan) and the Bimaaji'idiwin Oiibwe Garden located behind the school.

Community members from divisions of the Fond du Lac Reservation were asked to come in and work with students. Shannon Judd, Environmental Outreach Coordinator, taught students about making a recipe that can be used in salads as well as to repel bugs. Cassie Diver, Planning Researcher and Gitigaan Program, donated seeds to the program. Amber Ahonen, Health Educator came in during lunchtime and taught students how to



Francois Medion works with the students during the Journey Garden program.



Students working in the garden during the Journey Garden summer program.

make a healthy lunch. Maryanne Blacketter, elder mentor for the past three years helped students create garden art and had a knack for weaving in her own wisdom and teachings into the fun art projects. Dawn LaPrairie, Ojibwe Language teacher, taught Ojibwemowin. The Fond du Lac Conservation Department donated deer meat, (waawaashkeshi-wiiyass) for the closing feast.

This year students planted vegetables in their own garden plot, which taught about tending to and watching their garden grow. Students are able to harvest their garden space at the end of the season and tend to it throughout the growing season. Students also received a stipend and transportation to and from the program.

The Journey Program started in June of 2008. Dr. Joy

Dorsher and Anna Wirta of C.A.I.M.H. at U.M.D. worked on the Journey Garden project and received money to fund the program through the Center of American Indian and Minority Health, and the University of Minnesota Medical School. Then in 2009 and 2010 the Journey Garden program was funded by the Northland Foundation. In the summer of 2011, the program was funded by N.A.R.C.H. (Native American Research Center for Health) with the help of Marilyn Grover and Crystal Greensky.

Planted this season: tomatoes, lettuce, peppers, broccoli, winter squash, summer squash, corn, beans, apple, pears, cherry, ginkgo, blueberries, honeyberries, June berry, elder berry, goose berry, fruit trees, onions, cabbage, gourds, cucumbers, parsley, basil, paragon, nas-

turtiums, pansies, gaillardia, carrots, beets, grapes, sorghum, watermelons, and cantaloupe to name a few.

Some previously established plants in the garden were: sweet grass (wiingashk), strawberries, chives, plum trees, and June berries to name a few.

Student participants came from the surrounding area: Fond du Lac Reservation, Cloquet, and Duluth communities.

There were many people that were involved in the program to help make it a success. They were the Fond du Lac Ojibwe School and Transportation Department, Min No Aya Win Human Services, Fond du Lac Tribal Council, Gitigaan Program, FDL Conservation, FDL Environmental Outreach, FDLTCC, Journey Garden staff and students.

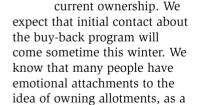
From the Chairwoman

any of you are aware of the Cobell settlement that resulted in payments to native people for mismanagement of trust accounts by the federal government. There is another piece

to the settlement that will be implemented over the course of the next few years that concerns allotment land within the borders of the reservation. The Cobell settlement includes funding for buying al-

lotment interests so that parcels of land within the borders can be consolidated. Through the years, many of the original allotments have been passed down to the point where there can be hundreds, if not thousands, of heirs to one parcel. Currently, no one heir can use the parcel unless over 50% of the heirs agree. This leaves the parcel unusable by anyone. In some cases, the parcels also have heirs who are not Indian. Cobell calls for the tribes

to prioritize parcels that may be involved in the land buy-back program. The parcels will be appraised for current market value. Fond du Lac has been researching these parcels to identify



Karen Diver

piece of their family's histories. That is understandable. In the meantime, from a tribal government perspective, this results in other tribal parcels being land locked and unusable, or removes potential parcels from use that can benefit the whole community. We are encouraging owners to consider selling their interests in allotments.

The Social Services Department wants to spread the word that additional foster care homes are needed. They are looking for both on-reservation and off-reservation (in Minnesota) homes. Social Services currently have 30 licensed homes on the reservation and 28 off-reservation. If your family is interested in filling this important need in the community, please call the Fond du Lac Social Services Department

at (218) 879-1227.

Fond du Lac is very appreciative of Congressman Rick Nolan and Senators Franken and Klobuchar for introducing legislation to allow the Fond du Lac Band to conduct a land swap with Carlton County. Carlton County had an interest in buying some land from the Potlatch Paper Company for use as park land. This land was located off-reservation in southern Carlton County. Because the company wanted to move quickly, Carlton County asked the Band to buy the land, which the county would then swap for county tax-forfeit land within the borders. This was a win-win partnership since the county was previously reluctant to sell tax-forfeit land.

It hit a snag with the State of Minnesota's Attorney General's

Office, which cited a law from the 1700's called the Non-Intercourse Act, which calls for Congressional Approval for tribes wishing to sell land. There were doubts that this old act even applied to recently acquired land held in fee status (not in trust). In order to make sure we could give clear title, we asked for a legislative fix, not only for this transaction, but for any in the future, to take care of this issue. Many thanks to members of our delegation for your timely assistance.

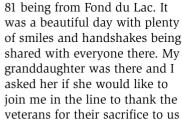
Please let me know if you have any questions or comments at the office (218) 878-2612, or email at karendiver@fdlrez.com.

Boozhoo,

his past month has been a whirlwind of activity. We had the Veteran's powwow, the Black Bear golf tournament, the language camp, and the Elders picnic to name a few.

The veteran's powwow was well attended again this year. There were 32 drums registered to perform at the event. At grand entry on Saturday we had 31 flag carriers that represented veterans and

veterans organizations entering the arena. There were 632 dancers and 194 veterans with



in the armed forces.
She stood there with the council for almost an hour welcoming all veterans that were there. We then danced the honor song and left the arena. When we were

done we got a bottle of water and sat down to rest. As we were sitting there she asked me, "Grandpa, why do you do this for these guys?" I thought for a few seconds and replied, "It's in honor for all they have done for us." She said "Then we should always do this".

The Black Bear golf tournament has expanded to a 3 day event. Within the tournament there are the juniors, seniors, men's regular, women's and men's championship flights. The participation totaled 221 teams and 678 golfers and their families for the weekend event. I would like to extend congratulations to all the people from the golf course staff to the tournament workers who made this event a success again this year. I would like to extend a special thank you to the tournament

coordinators, Brenda Rice and Corey Van Guilder for all the unseen work that you two put into making this a success.

All the coordination efforts again came to a successful conclusion for Jim and Pat Northrup with the language camp again this year. There were over 1200 people that came through and participated this year. I asked Jim how he was going to jump the bar he set this year in the coming years and he replied, "It's not me, it's the thirst for what we offer that will keep the success going." The camp was an overwhelming success this year. I have not heard any complaints, only positive responses.

This year's Elder picnic was threatened by rain. I was sitting in my office trying to finish signing papers when it began to rain quite heavily. I thought about the festivities and wondered how much the rain would affect them. But someone was watching over the day and the sun came and 222 FDL elders and their guests were able to enjoy some good food and entertainment for a couple of hours.

If you have any questions or comments please feel free to contact me. My office number is (218)878-8158 or you can e-mail at ferdinandmartineau@fdlrez.com.

Gigawaabamin.



RBC thoughts (continued)

Cloquet News

Hello All

o update you on the Cloquet Community Center accomplishments, the ball field lighting project ran into a bit of a setback. The steel light poles were a bit undersized for this application. This has set us back a few weeks.

However, it has not interfered with programming. Our community center staff is working on a plan of festivities under the lights when it is complete.

Also, our community center is in the planning stages of the Back to School Carnival. This will

allow the students to obtain some of their necessary school supplies to start the school year, as well as allow them to enjoy a day of festivi-

On Saturday, Sept. 28, we are having a Gitigaan Fall Fest. This will include a flea/farmers market as well as an Indian Taco feast. We are hoping to get the people's

choice winners, Mel Diver and Pete Diver, from the recent Chili Cook off to provide the award winning fry bread for this event.

On a fortunate or maybe unfortunate note, we finally had some of our place/road signs, in Ojibway language, put up in an effort to get our language out to the public. However, the Harwood Lake

sign, written in Ojibway language, was put up on a Friday and was missing by Saturday. This is very unfortunate. The signs are expensive, and it was also an effort between other entities and the Band to get our language out there. A lot of folks worked hard to make this signage pro-

gram happen.

The elder picnic was held, and again all had good food and good company. The Annual Sobriety Powwow was recently held and this too

was good as well as the atmosphere. The Annual Lacrosse camp was held and was again, very successful.

was a successful event. The weather

The kids from a number of different reservations all seemed to love the event. The MN National Guard was a huge sponsor of this event. We were honored with the visit from the Army General, Mr. Nash. We were able to visit our Veterans Supportive Housing and other facilities around our community while in the company of Mr. Nash. He flew in on a Black Hawk helicopter with his staff. It was quite a site to see. The kids in the Camp had a very interesting and meaningful week. They were participating in learning activities, as well as physical activities all while being accompanied by National Guard soldiers, as well as staff and professional players of the MN Swarm Lacrosse team.

On another note, The Reservation Road bridge replacement project is under way. They are beginning the initial stages of construction. We hope to have this complete as soon as possible.

As always please feel free to contact me, work (218) 878-8078 or cell (218) 428-9828.



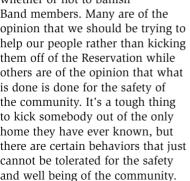
Wally Dupuis

David Tiessen Jr.

Sawyer News

ur August monthly meeting took place in Minneapolis at the Minnesota Chippewa Tribe Building. It was a good experience to visit with Band members

who live outside the Reservation and see things from their perspectives. The topics ranged from Fond du Lacs financial statements and budgets, to discussions about the exclusion policy. As always, feelings are mixed about whether or not to banish



Any suggestions? Please feel free to voice them.

FDL now has their own boxing commission. We are currently training people to work the fights, which Fond du Lac can now sanction. The people we are training

will make sure that the fighters (boxing and MMA) are kept safe by watching the taping of the hands, checking any cuts or abrasions, and other safety issues concerned with getting the snot knocked out of them.

Another big topic on the Rez is the boarded up houses. There are over 20 houses that are boarded up. I know there is a great need for housing, and our staff on the Mod Crew and Housing Crew are doing their best to get these places back to acceptable living conditions.

The Sawyer Center had a family bean bag tournament in August, which I was able to participate in with my daughter. It was good to see people having such a good time with their children. I feel we have lost a certain amount of community togetherness, and activities like these can only bring people closer together. I implore you, if you see somebody you haven't seen in awhile, say hello, plan a gettogether, joke around, even gossip. It will only bring us closer, and I think that is something we are in dire need of.

I have an office at the Sawyer Center. It is located on the youth side, and barring any kind of meeting or prior engagement, I will be there on Tuesday mornings from 8-12ish and Friday afternoons from 12-4:30ish. I am always interested in any ideas or concerns the community may have, so don't hesitate to contact me. You can e-mail me at davidtiessenjr@fdlrez.com, or call my office (218)878-7591, cell (218)269-9879, or reach me on Facebook at David Tiessen Jr. Please gossip, but not maliciously.

Brookston News

September 2013 | Nah gah chi wa nong • Di bah ji mowin nan | Page 5

Hello Band members

hope everyone had a great summer. It's hard to believe that it's nearing an end, but it also brings in a strong tradition for us—harvesting rice. I have always enjoyed this time of year, everyone coming together and ricing on our lakes. I hope everyone has a great harvest.

During the last year my family has dealt with a tragic issue and we have had somewhat of a closure to this devastating event. It has always weighed heavily on my mind, as well as my nieces, nephew, mom, sister, and brother. For all the kindness, the thoughtful words, and

the compassion for my family please know that it was and is greatly appreciated. Chi megwetch.

One of the biggest concerns is the transparency of the RBC. The RBC holds monthly meetings for the membership. The open meetings are to inform the public of what happened and what will happen on and for our reservation. The meetings are also for the membership to present



Kevin Dupuis

issues and concerns to the RBC. Our meetings have gone on with little participation from the public. I think this is due to the time period of the meetings. Our meetings at CAIR and meetings in the cities are held after hours however the meetings here at home are held during work hours. The meetings at home should also be after hours. It's possible to have our meeting during working hours and another after. By doing this all the membership will have the opportunity to address their issues and concerns to the RBC. There are too many issues put on the back burners when I believe they should be dealt with as soon as possible. Our obligation is to the membership. Please, I encourage you to come to the open meetings.

The drugs and violence are still a very disturbing issue in our community. I'm asking for the help from our membership to try to come to some resolution. We can find a resolution to this if we work together. This must be a community driven process. We have policies implemented, however do we return to making them more stringent as they were in the past? Please feel free to come see me with ideas that we can put together to strengthen our community.

One of the ideas that continue to come up is our language and culture. This is a perfect time to implement activities based on our language and culture as one. We cannot have one without the other, so please feel free to present ideas that can make us stronger people. With ideas in front of us we can move forward to make it happen. I encourage anyone to contact me at anytime. I am always open for suggestions and comments, good or bad. I will never close my door to anyone. Being your leader for our people is an honor and I will continue to strive to do my best. Next month I will be changing the format to my article so please don't hesitate to call with any ideas.

Contact Info (218) 384-4810 or (218) 878-7583.

FDLTCC launches new route to college dearee

By launching a new route to a college degree, Fond du Lac Tribal and Community College is trying to eliminate some of the traditional obstacles students must work around when attending college.

The new daytime learning community program scheduled to begin fall semester 2013 will take the hassle and guesswork out of which courses to take and when, lessens the struggle to juggle complicated school and work schedules, and keeps students on track to quickly graduate in the minimum amount of time.

"This is the newest way to earn a college degree at Fond du Lac Tribal and Community College," said Scherrie Foster, FDLTCC faculty member and coordinator of the new program. "It's quick, it's convenient, it's cost-effective, it's challenging, and most of all, it's going to be fun."

The new learning community program is organized to be an engaging and efficient path to earn a college degree during convenient daytime hours. Classes will be held on Mondays through Thursdays only, packed tightly from 9:00 a.m. to 2:30 p.m. each day. The stable schedule allows students to more effectively plan work and family obligations, helping out the balancing act most students experience.

Through the new program an associate's degree can be earned in four consecutive semesters with no summer session courses required. And maybe best of all, there will be no tuition increases through 2014-2015.

"Our new learning community is just the right fit for enthusiastic, full-time students who are committed to earning a college degree in two years," said Foster. "The program is going to move fast, and students will need to make a commitment to completing the required courses. We like to say it's time for them to think fast, stay motivated, and finish what they set out to do, which is earn a college degree."

Additional features and advantages of the new learning community program include pre-selected course enrollment. embedded study groups and tutoring during the day, and integrated instruction across courses for more seamless learning.

Foster is quick to point out that the new daytime program, which has been patterned after the success of the college's Every Other Weekend College program, will offer additional benefits. According to Foster, students who participate in learning community models build deeper friendships and professional bonds and have an increased sense of community and campus pride. She says this is because students work together and motivate each other throughout the program

experience.

"It's really one of the best examples of positive peer pressure," said Foster. "Our students get to know each other, their families, their work situations. They become like an informal support group. helping each other out, sharing ideas, maybe providing an idea on how to get something done, whether it's class-related or not. We have produced some amazing success stories through our Weekend College program, and I think we'll quickly see more great stories about students who thrive in this new daytime learning community model."

The new program begins with the upcoming fall semester at the college. Foster set a goal to enroll 25 new students into the innovative daytime program. For more information or to apply, contact Scherrie Foster via email to sfoster@fdltcc.edu, or call (218) 879-0737. Interested students may also call the College Admissions Office at (218) 879-0808 or (800) 657-3712.

Extra DWI patrols hit streets

Planning ahead for a sober ride now might be a good choice as the City of Cloquet, Carlton County Sheriff, and FDL Officers are cracking down on drunk drivers during a stepped-up statewide and nationwide DWI enforcement effort. The statewide campaign is coordinated by the Minnesota Department of Public Safety (DPS) Office of Traffic Safety.

Each year in Minnesota, nearly 30,000 motorists are arrested for DWI-there were 234 arrests in Carlton County in 2012. During the last three years (2010–2012), 336 people were killed in drunk driving

crashes in Minnesota—104 were killed in 2012 alone. In Carlton County during the last three years, drunk driving resulted in 12 deaths.

Drinking and driving is always a bad idea, so the best course of action is to plan ahead for a sober ride. Enforcement periods like this serve as a reminder to those who still don't realize the risks and dangers of driving drunk.

DWI Consequences

A DWI offense can result in loss of license for up to a year, thousands in costs, and possible iail time.

Repeat DWI offenders, as well as first-time offenders arrested at 0.16 and above alcoholconcentration level, must use ignition interlock in order to regain legal driving privileges, or face at least one year without a driver's license. Offenders with three or more offenses are required to use interlock for three to six years, or they will never regain driving privileges.

Tips to Prevent **Drunk Driving**

- Plan for a safe ride designate a sober driver, use a cab/public transportation or stay at the location of the celebration
- Offer to be a designated driver, or be available to pick up a loved one anytime, anywhere
- Buckle up the best defense against a drunk driver
- Report drunk driving call 911 when witnessing impaired driving behavior. Be prepared to provide location, license plate number and observed dangerous behavior

Officers are also focusing on seat belt use during the campaign. Each year 75% of drinking drivers killed are also not



National youth leadership training

Three high school students from FDL Ojibwe School attended the National Youth Leadership Training July 20-27 in San Francisco, Calif. Clair Friedman, Jocelyn Sayers, and Kyle White, faced mental and physical challenges while they participated in activities that related to racism, classism, and the achievement gap. Many courageous conversations also took place about gender, diversity, and social disparities in America.

"If anybody has the opportunity to participate in NYLT, don't pass it up. It is a life changing experience," White said. Another student Jeroam DeFoe took part in NYLT last year, and is now on their Youth Advisory Council. Over this week long event, these students intensely reflected on what it means to be a moral and ethical leader. They have future leadership plans that will benefit the Fond du Lac School and community.

belted. Minnesota's primary seat belt law requires drivers and passengers in all seating positions—including the back seat—to be buckled up or in the correct child restraint. Law enforcement will stop and ticket unbelted drivers and passengers.

The enhanced DWI enforcement campaign is a component of the state's Toward Zero Death (TZD) initiative. A primary vision of the TZD program is to create a safe driving culture in Minnesota in which motorists support a goal of zero road fatalities by practicing and promoting safe and smart driving behavior. TZD focuses on the application of four strategic areas to reduce crashes — education, enforcement, engineering and emergency trauma response.

AVANCE Parent Program

Our staff encourages all parents interested in joining our 2013-14 AVANCE activities to contact Betty Anderson at (218) 878-8121 to participate. We encourage parents to learn and share their parenting skills. Opportunities to hear experts answer their questions during class sessions; to join their children in fun field trips; and to make toys they can bring home for their children. Our teachers work with your child to learn valuable skills, such as recognizing their numbers, colors, counting, socializing, and play activities to help strengthen their developmental growth. For those who are expecting, we do home visits up to 6 weeks until they can bring their new baby to class where teachers are there to assist.

We welcome all parents with children 0-3 years, or those

who are now 3 and turning 4 years, to join us for 9 months (September-May) every Friday morning at 9 a.m. for 3 hours at the Early Head Start Building. Your commitment to be a part of a strong parent program on the Reservation, allows all participants to receive an AVANCE Graduation Certificate, and more rewarding, is to know you have taken an important step into being a great parent for your family. See you there, free transportation, meals, and activities for participants.

Wisdom Steps Conference

The Wisdom Steps Conference was held June 11-13 at the Shooting Star Casino Hotel.

There were over 400 Elders from across the state attending this year's conference. The event had workshops and healthy, fun activities for Elders who attended. Over 40 attended from the Fond du Lac Band. The conference is held each year in June. The attendees have to walk at least

46,000 steps per year, do at least 5 health screenings, and attend an organized walk or attend a Health Fair.

Each year

a person is



Joseph Hollinday

awarded with the Alan Allery Award. Wisdom Steps looks for individuals in our communities who are active in health initiatives and practice good preventive health. This year's winner of the Alan Allery Award was Evelyn Christensen from FDL/ Duluth Wisdom Steps. Joseph Hollinday from Duluth Wisdom Steps won a beautiful beaded hat as he was the oldest veteran attending the conference, he is a WWII Veteran.

Fall netting information

The 2013 fall netting season at Mille Lacs Lake and the 1854 Ceded Territory Lakes are fast approaching. The exact date of the netting will be determined based on water temperature (50-55 F), likely mid-October. Fond du Lac Resource Management staff will monitor temperatures and provide at a minimum of one week advance notice of the date selected for netting activity. Depending upon the level of interest, multiple nets per individual may be allowed.

For individuals interested in netting tullibee in the 1854 Ceded Territory, call to get on the wait list. You will then be contacted to pick up your permit and angler diary. Interested Band members are required to sign up by Oct. 11 by calling Terri Redding at (218) 878-7155, or stop in at the Resource Management headquarters to sign up in person.

The FDLRMD would like to remind Band members that there are numerous invasive species present in both Ceded Territories. Band members should be aware that the Ceded Territory Conservation Code requires individuals to take the following actions each time they remove watercraft, trailers, nets, and associated equipment from infested waters:

- Aquatic vegetation must be removed from boats, trailers, nets, and associated equipment
- Boat livewells and bilges must be drained by removing

the drain plug

- Bait containers and any other boating related equipment that can hold water must be drained
- All nets and associated fishing gear including any trap, buoy, anchor, stake, or line must be dried for at least 10 days or frozen for at least 2 days before being used in other waters

Updated information on the 2013 spearing and netting harvest will be posted on the FDL Reservation webpage. If you have any questions, please call Terri Redding.

What to do with tomatoes after the garden

A first timers Tomato Canning class will be held Saturday Sept. 21 at 11 a.m. in the OJS Economics room. Master Gardeners Virginia Lord and Danielle Diver as well as Phyllis Lord (who is an expert in canning with 40 years' experience) will be teaching the class.

These three women will be teaching the canning process from beginning to end as well as providing recipes for what to do with tomatoes when you take them home. Room is limited to only the first 20 people to register and it is preferred that only one person per family register.

If you would like to register please call (218) 348-5570 and sign up with Virginia. Leave a message and she will call you back with what you need to bring. Every day kitchen utensils are needed for the class.

Do you have a garden you would like to share? The teachers are putting together a virtual tour of Fond du Lac

Reservation gardens to be shown during the fall feast. Everyone that has a garden and would like to participate please let them know. Please call Virginia. They will come to your garden and take pictures or you can send pictures to Virginia at Fond du Lac Reservation 1720 Big Lake Road Cloquet, MN 55720 or drop them off at the Tribal Center with your name and phone number. She will schedule a time to photograph your garden. If you have any questions please give Virginia a call.

Elder fall prevention classes start soon

The elder fall prevention classes are beginning again every Thursday starting Sept. 12 thru Oct. 31 from 10 a.m. to 12 p.m.

This award winning program is designed to reduce the fear of falling and increase the activity levels of older adults who have concerns about falling.

Classes help participants learn

- View falls and fear of falling as controllable
- Set realistic goals for increasing activity
- Change their environment to reduce fall risk factors
- Promote exercise to increase strength and balance For information about A Matter of Balance contact KaRee Lockling at (218) 878-2126, fax (218) 878-2198, or e-mail kareelockling@fdlrez.com

Taking care of things gathering

The FDL Resource Management Division is holding its 3rd Annual Ganawenjigewin Maawanji'idiwin-Taking Care

Nah gah chi wa nong • Di bah ji mowin nan | September 2013

of Things Gathering on Sept. 6 from 1-6 p.m. behind the FDL Ojibwe School. There will be information booths, activities, raffles, farmer's market, and a special supper to recognize the work of the FDL cleanup crew and waste site staff.

Fall Master Naturalist classes

Starting Tuesday Sept. 24-Oct. 29, 13 Moons will be hosting a fall Master Naturalist Class at the Cloquet Forestry Center on Tuesdays from 10:30 a.m.-4:30 p.m. Come and learn about the natural world around you including Ojibwe history and culture. The course is on the North Woods, Great Lakes biome of Minnesota.

Classes are a mix of in class instruction, field trips, and

activities. Full attendance is required.

Participants will also complete a capstone project as small groups to help move from education to volunteer service

For more information and to sign up for this class visit: www.minnesotamasternaturalist.org

FDLOIS volleyball schedule (IV/V)

Sept. 6 5:45/7:00 pm Red Storm home Sept. 12 5:45/7:00 pm Lakeview Christian away Sept. 13 5:00/6:15 pm Bug-o-Nav-Ge-Shig home Sept. 17 4:00/5:15 pm Red Lake home Sept. 20 5:00/6:15 pm Indus

school home Sept. 24 5:45/7:00 pm Lac Courte Oreille away Sept. 27 5:00/6:15 pm Maranatha Academy home Oct. 3 4:00/5:15 pm Red Lake

Sept. 23 5:45/7:00 pm Home-

Oct. 4 5:00/6:15 pm Indus home

Oct. 7 5:45/7:00 pm Lac Courte Oreille home

Oct. 11 5:45/7:00 pm Homeschool away

Oct. 14 5:00/6:15 pm Bug-o-Nay-Ge-Shig away

Oct. 15 5:45/7:00 pm Lakeview Christian home

Oct. 18 5:45/7:00 pm Marantha Academy away

Football for all levels

Great Lakes Wolf Pack football minor league tryout/ combine is followed by free co-ed youth football camps. On Saturday, Sept. 28 and Oct. 19 Registration will begin at 9:30 a.m. for the skills and drills

combine 10 a.m.-12 p.m. Bring cleats, water, any form of photo ID, and a team fee payment for each month.

Afterwards a free co-ed youth football camp will be hosted by the Great Lakes Wolf Pack. for ages 10-17 from 12:30-2:30 p.m. Grass shoes are required.

The location for both events is the FDL football field behind the Head Start building. Please park in the HS parking lot in

front of the building on University Rd.

For more information visit greatlakeswolfpack@groups. facebook.com or at facebook. com/groups/greatlakeswolfpack or www.wolfpackfootball. info. You can also contact coach King at (218) 206-5556 or email at ogichidawarrior@ vahoo.com to register for either

Elder's Corner

Sept. 10

Assisted Living foot clinic 8:30 a.m., call for more info or a ride (218) 878-2133 Elder Activity fund board 1 p.m.

Sept. 11

52 + Elder meeting potluck 5 p.m. CCC in the library

Sept. 13

Wisdom Steps Golf 9 a.m. registration. To register contact Shauna FourStar (218) 335-8585, brochures available upon request

Sept. 19

Wisdom Steps monthly meeting, 11 a.m. at BBCR Buffet (selfpay)

Sept. 20

CAIR Foot Clinic 8:30 a.m. CAIR Elder Meeting 10 a.m.

Sept. 28

52 + Elder meeting.

Health

Are you a good nutrition role model?

Children copy. They copy what other children do, they copy what their parents do, and they copy what they see on television and in video games. Children copy. Because children copy our words, actions, and behaviors, wouldn't it be important to be a good role model? Nutrition is just one area where being a good role model is important. We can help teach children to make healthy nutrition choices by demonstrating healthy choices ourselves.

It is important for children to develop good nutrition habits when they are young. When

children learn good habits at a voung age, they can carry those healthy habits into their teen and adult years. Healthy nutrition choices can lessen the chances of being overweight or obese, heart disease, certain cancers and diabetes, A few examples of how you can be a positive nutrition role model to the children in your life are listed below.

Drink water. Choose water over sugary beverages often. Decreasing the extra sugar and calories from the sugary beverages (like pop, juice and sports drinks), you can help prevent excess weight gain and may help prevent tooth decay **Listen to your body.** Eat when you are hungry and stop just when full. If you have spent years over-eating, this will take time to re-learn. Don't make your child clean his/her plate. By providing regular meal and

snack times, your child will be able to listen to his/her body and not over-eat. Remember, children have smaller stomachs so offer smaller portions and let them ask for more if still hungry. Portion sizes apply to everyone and at every eating episode

Snack on vegetables. Start with substituting one snack a day with a vegetable. After a week or so add another vegetable to a meal time. Offer a variety of vegetables to your children. Make sure your children see you eating the vegetables. The child may be more willing to try the vegetable when they see you eat it as well. If your child refuses the vegetable, don't give it up! Keep offering it. It may take several exposures to the vegetable before the child actually tries it. The vitamins and minerals we get from vegetables help our body

function properly and can help fight off viruses and diseases All foods fit. It is still okay to have a cookie or a piece of cake at the birthday party, but reduce the size or amount you eat. Have one cookie or a ½ piece of cake. And don't eat it every day. Moderation is important if you want to eat these types of foods

This is just a short list of nutrition tips that can not only help the children in your life be healthier, but you as well. For more nutrition information, contact your Healthcare Provider, Registered Dietitian, WIC office, or Public Health Nurse.

First Nations to visit Cloquet

An exciting and rare opportunity to hear about the First Nations Biomonitoring Initiative (FNBI), is coming to Cloquet

Sept. 17 from 5-6:30 p.m. at the FDLTCC auditorium.

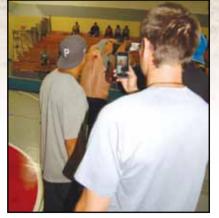
This project's goal was to gain a better understanding of chemical exposures in First Nations peoples in Canada; however this FNBI study is very similar to the FDL community biomonitoring study currently underway. Both include body measurements, testing of blood and urine samples for chemicals, and a questionnaire to look for sources of environmental chemicals.

The presentation is free, questions and comments are welcome, and light refreshments will be served. If you have questions about this upcoming event please contact Phil Defoe, the FDL Biomonitoring Study Manager at (218) 878-2135.





The campers of the LAX 4 Life camp learning a valuable lesson about hand placement. Keeping their off hand on the bottom of the stick makes passing and shooting easier as well as not allowing an opponent to hit and knock the ball free.



Josh Bakers' back after the hooks from the taser were removed from his back.



The Black Hawk helicopter that brought Major General Richard C. Nash. The Maj. Gen. was greeted by many members of the MN National Guard, members of Fond du Lac, as well as other members of the community and media.



The taser demonstration during the camp is one that always excites the kids. After explaining how the taser works for the campers, the officer than demonstrated the effect of the electricity on two men.



The two goalies listen to the pregame speech.



Chairwoman Karen Diver greets Major General Richard C. Nash as he arrives at the LAX 4 Life camp via a Blackhawk helicopter that landed near the powwow arbor.



FDL Law Enforcement news

The following is a summary of about one month of select police reports

- June 24 Report of storage shed broken into in the Sawyer area, under investigation
- June 24 Report of an individual trespassing and shooting on owner's property. Individual not located, left the property on his
- June 25 Report of an individual intoxicated in the Supportive Housing area requesting to go to Detox; ambulance was requested
- June 25 Report of an individual who ran from Mash-Ka-Wisen Treatment center; run report was taken.
- June 25 Small dirt bike was located in the woods on Northrup Rd; owner was located to retrieve the dirt bike
- June 26 Report of an individual being harassed; statement was taken. Attempted arrest but male would not open the door
- June 26 Traffic stop on Big Lake and Brookston Rd, driver warned for equipment

- June 27 Report of an individual unwanted at a residence on Mahnomen Rd; individual was taken into custody and transported to Carlton County Jail
- June 27 Gas drive-off at the gas and grocery for \$20 no description or license
- June 28 Report of two individuals who had a handheld taser and were arguing; left in unknown direction. Officers were unable to locate
- June 28 Report of a break-in and property taken on Mahnomen Rd, under investigation
- June 29 Report of a domestic on Jack Pine, parties were advised to stay away, one party left on foot
- June 29 Report of unwanted guests at the BBCR who were causing damage to a room, individual was evicted for property damage done to the hotel door
- June 29 Report of two runaways from Mash-Ka-Wisen Treatment center; a run report was taken

- June 30 Report of a theft of a cell phone from the BBCR pool area.
 Owner will be calling provider to report it stolen and only wanted to make a record of it
- June 30 Report of a disturbance on Mahnomen Rd.; an individual unscrewing porch lights, not located.
- June 30 Traffic stop on Cary and Strand Rd, driver warned for speeding
- July 1 Report of a male on the exclusion list seen at the Sawyer Center: unable to locate
- July 1 Report of a vacant house broken into; windows smashed on Gagwaim Rd, photos were taken of the damage
- July 2 Report of theft of copper gas line, FDL Housing was contacted
- July 2 Gas drive-off at gas and grocery \$42.05; no vehicle description
- July 3 Report of a male banned from the Reservation at the BBCR, he was escorted off the property and advised not to come back
- July 3 Report of a \$20 counterfeit bill at BBCR cashier window, \$20 bill taken from the Casino and placed into evidence.
- July 3 Report of individual being threatened; requesting extra patrol at residence on Brevator Rd
- July 4 Report of footprints being found in yard and tools lying broken in driveway on Lammi Rd; advised nothing was taken, requesting extra patrol
- July 4 Report of a verbal argument on Airport Rd; parties separated for the night
- July 5 Report of a domestic at Big Lake Campground; both parties stated nothing physical had taken place and that it was all verbal. Neither party wished to pursue charges
- July 5 Unwanted person at a residence on Whispering Pines; individual was allowed to get property and asked to leave

- July 5 Individual observed walking near Hwy 2 fell into the ditch; individual transported to Detox
- July 6 Report of intoxicated male banging on doors and windows in Supportive Housing area.
 Located individual and was given a ride without incident
- July 6 Report of an individual's window broken on her house; individual wants it as a matter of record for housing
- July 7 Traffic stop on Hwy 210 and Spirit Lake Rd; driver cited for speeding
- July 8 Report of suspicious activity on David Rd; 2 males in vehicle sitting on the shoulder of the road; checked the area and were unable to locate any vehicles
- July 8 Report of a 2 vehicle accident, no injuries on Big Lake Rd, one driver cited for unsafe passing
- July 9 Report of an individual out of control on Makwa Rd; individual had calmed down and was fine to stay there
- July 9 Report of a male banned from the Reservation trespassing at the Brookston Center; unable to locate
- July 10 Report of suspicious activity on Salmi Rd; extra patrol was requested as reporting party thinks someone broke her kitchen window, nothing missing but items on window sill have been disturbed
- July 11 Report of an unwanted person at an address on River Rd; officers advised to disregard as individual was now calm
- July 11 Report of an individual who was very angry and causing problems on Central Hall Rd, reporting party just wanted individual advised
- July 12 Report of a domestic at the BBCR; male left the casino, charges to be sent in for review

- July 13 Report of 3 found pedal bikes by the recycling shed on Big Lake and Kotiranta Rd; transported 3 bikes from the fire hall to the PD shed in Sawyer
- July 13 Report of an individual being transported to the shelter; individual cited for underage consumption and transported to Detox
- July 14 Report of a male slumped over the steering wheel on Airport Rd; transported to CMH and Carlton County Jail on charges
- July 14 Report of an ATV complaint on the Northrup Rd; one male arrested on multiple charges
- July 15 Traffic stop on Hwy 210 and Davis Rd, driver cited for speeding
- July 16 Report of harassment through text message; reporting party advised of getting an HRO against individual
- July 16 Report of drug paraphernalia found in a wallet that was left on FDL transit bus; wallet placed in evidence at the Police Department
- July 17 Report of an individual chased and bitten by dogs on Big Lake and Trettel Lane; tribal citation was issued
- July 17 Report of an individual driving around the compound area with no license; unable to locate
- July 18 Report of an individual being intoxicated and unwanted in the Cloquet Elderly Building; cited for trespassing
- July 18 Gas drive-off at gas and grocery \$10; no vehicle description or direction of travel
- July 19 Report of individual being assaulted by sister; charges to be sent in for review
- July 20 Report of an intoxicated person walking on Jarvi Rd towards Reservation Rd
- July 20 Report of vehicle stolen from North Branch located near the BBCR; assisted with other agencies and arrested the driver on multiple charges

Legal notice

The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the Band member, or his/her heirs, if the Band member is deceased, contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at 1-800-365-1613, to assist the Band in distributing the trust monies. Unless a personal data form or heirship application has been filed with this office within one year of this notice, the identified funds will revert back to the Fond du Lac Band. The one year period commences with the first publication.

BAND MEMBERS WITH UNCLAIMED PER CAPITA ACCOUNTS:

ANKERSTROM, Arthur

BUDREAU, Deena

CICHY, Gerald

CICHY, Leslie DEFOE, Richard LAPRAIRIE, Robert

MARZINSKE, Larry

OJIBWAY, Jeffrey

REYNOLDS, Alexandrea

SAVAGE, Torrence

SMITH, Jay

Osaugie Reunion at Wisconsin Point

Story and Photos by Christine Carlson

ristine Shotley and I motored to the 9th Annual Osaugie Reunion that was held on Saturday, Aug. 10, 2013 at the land nearest the lighthouse. Oh what a glorious day and such a fine group of folks amongst the pines and fresh air. It was fun from the very beginning with my old truck hauling the tipped over porta potty

rescued from the parking area by the lighthouse keeper's quarters. Miigwech to Tina Slis and Jeff Durfee as they perched on top of the Ford Ranger cab and braced the portable as most of it hung over the back of the short box pick-up. Luckily we didn't have to haul it back.

There were many "keepers of the history" with this family and I was in "7th Heaven" as several of us were trying to take it all in. The long, old history table was filled with Nahgahchiwanong researched stories, 3 ring binders and various historical papers. Miigwech to all who brought information to share. I know how much love and time it takes to put it all together.

Mark and Mary McConnell brought a display table with wonderful artifacts. Wowthey were sure beautiful. It was time to eat and Mark gathered us all around and he said a few words of thanks about the gifts of food to Gitchi Manitou. My dear friend, the late Bob McConnell, sure would be proud of Mark and Mary.

Miigeeze even came to the reunion and circled above the area. We were all so happy to see the bald eagle. Chi Miigwech to Lorrie (McConnell) Madden for starting this wonderful family event so many

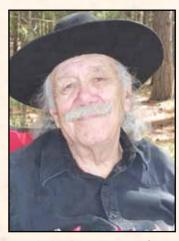
years ago. Other founders of the reunion committee are Mr. Miller and Pat Nelson. If you didn't get a chance to get to the reunion and you want some information, check out the Facebook page. This was created by Tina Slis and it is called Descendants of Chief Osaugie. Tina reports there are 450 Facebook members. Miigwech Tina for taking the time and sharing this valuable site with everyone.



Hazel (McConnell) Maki – age 92 from Superior and the oldest relative at the reunion.



Bruce and Georgia (McCauley) Ciskie from Superior. They have come to every reunion.



Bernie St. George age 81 from Hermantown and he has been to every reunion.



Diane (Durfee) Hietala from South Range.



Kristine Shotley and Jackson Buxton looking at historical materials.



Mark and Mary McConnell from Superior with their table of beautiful artifacts.



Facebook Administrators Anna (Martineau) Merritt, Tina Slis and Lorrie (McConnell) Madden.



Jeff and Pete Durfee.

Ashi-niswi giizisoog (Thirteen Moons)

Waatebagaa giizis

Waatebagaa giizis is the Leaves Changing Color Moon. Other names for new September moon are Mandaamini giizis (Corn Moon) and Moozo giizis (Moose Moon)

St. Louis River sturgeon release

By Tom Howes, FDL Natural Resources and Brian Borkholder, FDL Fisheries

DL Resource Management recently worked with several agencies including US Fish and Wildlife Service (USFWS) and Michigan DNR to release sturgeon into the St. Louis River. Staff members had a hand in capturing the adult sturgeon in the Sturgeon River and stripping the eggs and milt. The eggs were hatched and raised on the Ontonagon River. The USFWS tested the fish for disease, and after a clean bill of health, FDL RM staff released 181 three inch fingerlings into the Cloquet River in early August

Staff recognition from this agency collaboration include Ed Baker (MI DNR); Henry Quinlan, Glen Miller, and Ken Phillips (US Fish and Wildlife Service); Sean Thompson, Terry Perrault, and Brian Borkholder (FDL RM). Miigwech to them for all their hard work.

FDL Resource Management held on to five of the 181 fish to educate the public and beautify our lobby with a new aquarium. By next spring, we plan to release these fish as well. In upcoming years, we will add additional newly hatched fish to the tank.

A brief note to fishermen and women; if you catch a sturgeon, you are required to release the fish unharmed back into the River. Currently, due to FDL's efforts to restore this culturally important species, the FDL RBC has closed harvest of lake sturgeon from the St. Louis River and its tributaries. FDLRMD would love to hear about your catch, including pictures if you can provide them.

Emerald Ash Borer detected in Superior, Wisc.

By Christian Nelson, FDL Forestry

The Duluth News Tribune reported in late August that the highly destructive non-native Emerald Ash Borer has been found in Superior, Wisc. This is the first discovery of this insect pest in the region. Evidence suggests the bug has likely been present for 2 or 3 years. How it arrived in Superior is unknown; it was probably transported in firewood, nursery material, or packing materials.

Fond du Lac has about 150 forest stands where black ash is the dominant tree species, totaling 350 acres. Black ash dominates the 7% of Fond du Lac's inventoried forest stands. Black ash exists as a minor component in many more stands and is dispersed over many more acres than this.

Fond du Lac Forestry has been working in collaboration with APHIS (Animal Plant Health Inspection Service) for a number of years, to detect emerald ash borer. The large purple triangular traps you may have noticed are EAB detection traps. We have placed them in ash stands or on ash trees in high traffic areas and areas where people may bring in firewood such as the Black Bear Casino, the Tribal Center and school area, MASH/Pow-Wow grounds, the Hwy 2/St.

Louis River Bridge area, Kiwenz Campground, and along a grid system that APHIS uses to assure detection traps are well distributed throughout the state.

Each trap has two chemical attractants. We refreshed these baits in mid-July and checked the traps for signs of EAB. We did not see EAB present on any traps this year or in previous years. The traps will be taken down this fall and sent to APHIS laboratories for further inspection.

In addition to the detection traps, we are planning to cut several unhealthy looking ash trees around the Reservation, peel the bark, and inspect the trees for signs of EAB such as D-shaped exit holes and serpentine shaped tunnels under the bark.

Since 2008 Forestry has been collecting black and green ash seeds and sending them to a seed storage facility in Fort Collins, Colo. The purpose is to preserve the genetic stock of black and green ash trees that are suited to growing in the current climate and environmental conditions of the FDL Reservation region. If a cure is found for EAB we have the ability to obtain these seeds, grow them, and plant them back into the landscape. Black ash is not a consistent seed producer, often having bad seed years for 10 or more in a row, so we have not yet

been able to collect as much seed as we'd like. We intend to collect as much seed as we can this year, starting the 3rd week of September. Other tribal and non-tribal agencies have been doing the same throughout Minnesota.

There is a phenomenon that is occurring throughout the state where black ash has been showing signs of decline (dead, dving tops, stump sprouts, lack of vigor) for vears. This is not related to EAB. There is a correlation between this dieback and proximity to roads. It is thought the roads may have altered the hydrology of these wet forest stands to the detriment of the ash. Because these stands are close to a road they are highly visible and can be alarming. Ash stands not close to the road seem to be faring better, although EAB is obviously a huge game changer.

There is little Forestry can do to stop EAB. Our best tactic is to slow the spread, detect it early for possible sanitation efforts, and preserve seed stock. If EAB kills all black ash in our ash swales the water table tends to rise and the site becomes too wet to support any tree species, becoming either an alder/willow swamp or a cat-tail marsh. This means we may lose a lot of our forested wetlands.

I will be investigating a non-

ash. Manchurian ash and holding community meetings in the future regarding the planting of this species on certain ash sites. The species reportedly has resistance to EAB and a basket maker has reported the basket making qualities of Manchurian ash may be similar to black ash. It is not known how well Manchurian ash grows in our area or how well it grows in areas currently dominated by the native black ash. It is also not known if it might have the tendency to become an invasive species in its own right. This all needs further research. The Chippewa National Forest has a 5-year experiment planting Manchurian ash in certain black ash sites. They are evaluating how well it grows, but intend to cut them down at the end of the experiment, so we will not learn if it tends to become invasive nor how well it grows

native close cousin of black

forested wetlands forested.

What can you do? Learn the signs and symptoms of emerald ash borer infestation and don't move firewood. A good website to learn more is www.emeraldashborer.info.

long-term in our region. None-

theless, I'm eager to learn of

our best hope to preserve ash

and to continue to keep our

their results as this may be

Upcoming Events:

Sign up to the 13 Moons listserv for the latest information on workshops and events by emailing thirteenmoons@fdlrez.com Don't forget to check us out on Facebook! 13 Moons Ashi niswi giizisoog

This page addresses culture, ecology, and natural resource management. Thirteen Moons is the Fond du Lac Tribal College Extension Program and is a collaboration of Fond du Lac Tribal and Community College, Fond du Lac Resource Management, funded by the USDA-National Institute of Food and Agriculture.

Ashi-niswi giizisoog Ojibwemowin Page

Anishinaabemowin Lessons

Basic Ojibwe words and phrases:

Double Vowel Chart

This is how to pronounce Ojibwe words.

All consanants sound the same as in English.

"Zh"- sounds like the "su" in measure
"a"- sounds like the "u" in sun
"aa"- sounds like the "a" in father
"i"- sounds like the "i" in sit
"ii"- sounds like the "ee" in feet
"o"- sounds like the "o" in go
"oo"- sounds like the "oo" in food
"e"- sounds like the "ay" in stay

Four Stages of Life

Baby(ies)- Abinoojiiyens(ag) Child(childeren)- Abinoojii(yag) Boy(s)- Gwiiwizens(ag) Girl(s)- Ikwesens(ag) Women(Women)- Ikwe(wag) Man(men)- Inini(wag)
Old Woman(women)Mindimooye(yag)
Old Man(men)- Akiwenzii(yag)

Source: www.ojibwe.org/home/pdf/ojibwe_beginner_dictionary.pdf

Ashi-niswi giizisoog BIGADA'WAA WORD SEARCH

Find the Oiibwe words in the puzzle below

М	Τ	0	G	D	В	J	S	V	Н	L	Χ	D	Р	Т
Χ	G	D	В	N	U	J	Y	S	Η	J	W	E	G	I
Z	Ο	Α	K	Α	Α	N	R	Τ	M	Z	I	M	Q	N
Α	M	G	R	M	Ο	Ν	Ρ	K	I	Q	S	Ε	С	Y
A	I	I	Q	G	K	В	Α	I	\mathbf{T}	I	D	I	U	N
G	Η	Η	Χ	I	N	L	В	D	Z	Ο	Р	G	M	Ο
A	S	Z	Z	I	I	I	S	I	D	I	K	A	\mathbf{T}	Ο
I	I	I	Q	Μ	Z	Ν	I	I	J	Т	F	N	S	K
G	G	I	T	Y	I	G	В	J	J	Q	В	Q	Α	M
A	N	G	J	I	I	I	0	V	Α	G	F	K	Α	E
Ν	Α	G	В	K	K	Z	L	Q	Y	M	G	В	M	Z
Ρ	В	I	I	Α	F	G	U	U	Р	K	G	M	G	I
F	I	В	D	D	Χ	Y	Q	G	N	E	Q	Α	I	G
Z	I	Ν	С	Χ	V	Χ	L	I	N	U	С	Y	I	Α
\Box	ਸ	F.	Н	.Т	\Box	\Box	S	S	X	Y	Δ	T^7	TAT	M

Ojibwe Wordlist

Birch bark	Wiigwaas
Day	Giizhigad
Drum	Dewe'igan
Earth	Aki
Feather	Miigwan
Lake	Zaaga'igan
Moon	Dibiki-giizis
Night	Dibikad
Outside	Agwajiing
River	Ziibi
Smudge	Nookwezigan
Star	Anang
Stream	Ziibiins
Sunset	Bangishimog

Source:

www.ojibwe.org/home/pdf/ojibwe_beginner_dictionary.pdf



These community pages are yours, the members and employees of the Fond du Lac Band. We welcome family news. Please send us information about births, engagements, weddings, anniversaries and deaths. Please include the full names of the individuals in the greeting announcement, as well as the date of the occasion. Full names, including individual last names are required.

Also, we will include news of graduations (high school and post-high school) and military service. Memorials to loved ones or notes of appreciation are also welcomed.

Please submit materials during the first two weeks of the month preceding the next issue. For example, send notices to us by or on Sept. 13, 2013 for the Oct. 2013 issue. Information may be sent by U.S. mail to FDL News, 1720 Big Lake Rd., Cloquet, Minn. 55720, or by email to zacharydunaiski@fdlrez.com.

The telephone number is (218)878-2682. You may also drop off items at our office at the Cloquet Tribal Center. Please remember to include the date of the birthday, anniversary, etc. in your greeting. Always include your daytime phone number and your name with anything you submit. Materials may be edited for clarity and length.

Happy Birthday

Happy belated birthday Randy Barney Jr. (Aug 16). XO Love, ma

Happy belated birthday **Tony Barney** (Aug. 30) *Love, Gail and dad*

Happy belated birthday **Anthony Barney** (Aug. 30) XO *Love. ma*

Happy birthday to **Travis Paulson** (Sept. 1) *Love*, *Bridget*, *Jalen*, and *Cordell*



Renee Sutherland, Black Bear Slot Administrative Supervisor would like to wish the following employees a happy birthday: **Stanley Brown III** (Sept. 2), **Kathleen Rilling** (Sept. 6), **Eric Kowalski** (Sept. 7), and **Erik Bergquist** (Sept. 15).

Happy birthday to my daughter **Natasha Cloud** (Sept. 2), love you. *From, mom and Leo*

Happy birthday to my beautiful wife and a loving mother **Natasha Cloud** (Sept. 2), wishing you the best on this day and every day.

Love, your husband, Kiara, Kristofor, and Keean

Happy birthday **Hank Seppela** (Sept. 3) *Love, Gail, Michelle, and Mike* Happy birthday **Kyle Butcher Jr.** (Sept. 5) *Love, aunty Tash, uncle Kris, and all your cousins*

Happy birthday **Raymond Smith III** (Sept. 7). *Love, grandma Gail*

Happy birthday **Randy Barney** (Sept. 7). *Love, Gail*

Happy birthday to our sister **Heather LaPrairie** (Sept. 8) We hope you have a wonderful birthday. We love you very much.

Love, Sophie, Sewell, Hannah, and Nellie

Happy birthday to my loves **Shayna**, 5 (Sept. 8) and **Shaydon Thomp**-



son, 9 (Sept. 15) Love you, mom

Happy birthday to my beautiful sister **Heather LaPrairie** (Sept. 8), I love you very much and hope you have a wonderful birthday, sister. *Love*, *Allie*

Happy birthday **Raeann "Ray Ray" Barney** (Sept. 11) XO *Love, ma and grandma*

Happy 20th birthday to **Alyssa Karvenon** (Sept. 16) Love, mom, sister and little brothers



Happy 3rd birthday Elijah Myer (Sept. 14) We love you, little bear. Love, mom, dad, Skylar, baby brother

Lucas, and family

Happy birthday "Bud" Darrel Welsand Jr. (Sept. 17)
Love, dad and Annette

Happy 11th birthday **Jack Soulier** (Sept. 17) *Love, mom, sisters, and brothers*

To the love of my life, my everything, and my best friend... happy birthday **Sabrina Wise** (Sept. 18) *Love, your husband*

Happy birthday **Sabrina Wise** (Sept. 18), we wish you all the happiness this happy day can bring and bless you now and always with the best of everything.

Love, Pam and the 3 "G's"

Happy birthday **Ant Wright Jr.** (Sept. 20) *Love, aunty Tash, uncle Kris, your cousins, and lil brothers*

Happy golden birthday **Shania Delille** (Sept. 20)

Love, mom, Tom, and Dex

Happy birthday **Leo Wright** (Sept. 24) *Love, aunty Tash, uncle Kris, and all your cousins*

Happy birthday mom, **Carla Houle** (Sept. 24) *Love, Kristie and family*Happy birthday **Dustin Whitebird** (Sept. 27) *Love, auntie Kristie and family*

Happy birthday "Teej the Niij" T.J. Blackwell (Sept. 28), hoping you get to play hockey all day on your special day.

We love you, grami, uncle R, uncle Wable, auntie Shae, Jazzi. Dyami, and Denali

Happy birthday to my son and big brother **T.J. Black-well** (Sept. 28),have a great day.

Love, Baba and little brother Brady Bear

Happy birthday Morgan Delille (Sept. 28)

Love, mom. Tom and Dex

Happy birthday Marcus Ojibway Peacock (Sept. 30)

Love, grandma Gail

Happy birthday Marcus Ojibway Peacock (Sept. 30)
Love, Mikey, Zoey, and Jordyn

Happy birthday Marcus Ojibway Peacock (Sept. 30)

Love, dad and Richelle

Memorial

Memorial for **Kris Blacketter** who has been dearly missed since his passing on Sept. 9, 2012.

I am sending a dove to heaven with a parcel on its wings. Be careful when you open it, it's full of beautiful





things. Inside are a million kisses wrapped in a million hugs, to say how much we miss you and to send you all our love.

We hold you close within our hearts and there you will remain, to walk with us throughout our lives until we meet again.

Missed and loved by, Tina, Aeris, Justin, Kieth, and everyone in the Blacketter family

In memory of **Cheryl Diver Schultz** who passed away on Sept. 22, 2002. You are missed every day.

Love, Dad and Mom (Chuck and Faye Diver); your children Aaron, Paul, Charlie, and Nicole; and your siblings Chuck, Karen, and Kevin; niece Rochelle and nephew Kevin

In memory of **Norma (Punkin) Graves**, who passed away Sept. 22, 2007.

You are loved and missed by your family

Remembering my beloved mother **Barbara Mary (Christenson) Huculak,** who walked on Sept. 24, 1994.

Mom, I will always be grateful for your presence in my life, your patience, but most of all, your love. I miss your wisdom and guidance every day.

With love from your son, Dan Huculak

Congratulations

I received my bear tag for hunting on the REZ. To my surprise, I got one. It must have been



beginner's luck.

I've been hearing about a bear stealing picnic baskets. I can't wait until for this season. Dan Zorichak, Fond du Lac Band Member

Congrats on taking the State Championship in girls fast pitch. Good job Raeann "Ray Ray" Barney.

Love, your family

Obituary

Vernon L. Lee was born on Feb. 15, 1963 and passed away July 25, 2013. Vernon was a resident of Big Bear Lake, Calif.

Richard C. Pequette, 77, of Cloquet passed away peacefully

on Aug. 3 at home. He was born on Sept. 6, 1935 in Cloquet to Charles and Alice (Colburn) Pequette.

Richard enjoyed fishing and the outdoors and especially spending time with his family.

He was preceded in death by his parents; brother Harvey and sister Margaret Olson. Richard is survived by his twin sister Rosella Butenhoff; brothers Marvin and Fred Pellerin; nephew Donald Butenhoff and niece Donna Hastin.

Gil Greensky, 60, passed away peacefully surrounded by loved ones on Aug. 12 in Duluth. A celebration of his life was held on Aug. 17 in Cloquet.



Women's championship golf team during the Black Bear tournament. Pictures (L to R) Linda Savage, Susan Nemi, and Sheila Reynolds

Attention Fond du Lac Band members homes for sale

The Fond du Lac Development Corporation has four (4) homes "For Sale" available to Fond du Lac Band members to be used as their primary residence. The sale of these homes will be by sealed bid, bids must be received by 4:30 p.m. on Sept. 30, 2013. Bids will be opened on Oct. 1, 2013 and presented to the Fond du Lac Development Corporation on Oct. 9, 2013 for discussion. Outside financing by the bidder is preferred but does not guarantee the sale. Financing from Fond du Lac Development Corporation may be provided to qualified bidders. Band members will be limited to bidding on one (1) home only. Complete bidding instructions, home descriptions and open house dates will be available in the Purchasing/Marketing Department located at the Tribal Center. The addresses for these homes are as follows.

9259 Our Road, Brookston (minimum bid \$135,000.00) 1656 Jarvi Road (minimum bid \$140,000.00) 1896 Big Lake Road (minimum bid \$60,000.00) 3260 Maple Drive (minimum bid \$75,000.00)

For questions contact Jack Bassett (218) 878-8043 or Roberta Fox (218) 878-2620.

FDL Museum wants your help

The Fond du Lac Cultural Center and Museum is looking for old pictures or stories that you may have that you would like to share. We want to begin working on a display that documents some old times of Fond du Lac. We are looking for family photos, newspaper stories, former RBC member photos, harvesting camp photos, photos of the reservation buildings, school photos, photos of people working, etc. We will scan your photo and give the original back to you.

Please contact: Jeff Savage at (218) 878-7582 or by email jeffsavage@fdlrez.com or Jarvis Paro at (218) 878-8179 or by email jarvisparo@yahoo.com

Land Use Committee Openings

The Fond du Lac Land Use Committee has openings for two at-large committee positions. Committee members review lease applications and make recommendations to the RBC about land use policy. Meetings are held once per month in the morning at the FDL Resource Management and Tribal Court Building. For more information, please contact Jack Bassett at (218) 878-8043 or at jackbassett@fdlrez.com. The closing date is Sept. 30.

Waatebagaa-giizis - Leaves Changing Color Moon - September 2013

CCC: Cloquet Community Center, (218)878-7510; BCC: Brookston Community Center, (218)878-8048; SCC: Sawyer Community Center, (218)878-8185; CAIR: Center for American Indian Resources; MNAW: Min no aya win (218)879-1227; BBCR: Black Bear Casino Resort; OJS: FDL Ojibwe School; CFC: Cloquet Forestry Center; NRG: Natural Resource Garage; BBGC: Black Bear Golf Course; MKW: Mash-Ka-Wisen Powwow Grounds; DC: Damiano Center; FDLTCC: Fond du Lac Tribal & Community College; OJSHS: Ojibwe School Head Start; FDLGG: Fond du Lac Gas & Grocery; TRC: Tagwii Recovery Center; FDLM: Fond du Lac Museum; CPT: Cloquet Premier Theatre; OJS: Ojibwe school; RMD: Resource Management Division; TCC: Tribal Center Classroom; FACE: Family and Child Education Bldg. MKWTC: Mash-ka-wisen Treatment Center; DC: Damiano Center; FDLSH: FDL Supportive Housing: MCTB: MN Chippewa Tribe Building (Minneapolis 612)872-7840

FDLSH: FDL Supportive Housing; MCTB: MN Chippewa Tribe Building (Minneapolis 612)872-7840									
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
	Labor Day Holiday	Get Fit 12 p.m. CCC WIC 12 p.m. CAIR GED 12:30 p.m. BCC AA/NA support 12 p.m. TRC	Elder water aerobics 8:15 a.m. CCC Elder Exercise 9 a.m. CCC GED 10 a.m. DC Elder concern mtg 10 a.m. CCC GED 5 p.m. CCC GED 5:30 p.m. SCC	Simply Good Eating 12 p.m. CCC Get Fit 12 p.m. CCC GED 12:30 p.m. BCC GED 5 p.m. CCC Ojibwe language 5 p.m. CCC GED 5 p.m. DC	Shredding Day AVANCE 9 am. OJSHS GED 11 a.m. SCC Taking Care of Things Gathering 1 p.m. FDLOHS Jujitsu (over 13)6 p.m. CCC	Night of Champions boxing 5 p.m. BBCR			
1	2	3	4	5	6	7			
	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC GED 10 a.m. DC Cribbage 5 p.m. CCC	Assisted living foot clinic 8:30 a.m. Get Fit 12 p.m. CCC WIC 12 p.m. CAIR AA/NA support 12 p.m. TRC GED 12:30 p.m. BCC	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC GED 10 a.m. DC Elder concern mtg 10 a.m. CCC GED 5 p.m. CCC 52 + Elder meeting & potluck 5 p.m. CCC	A Matter of Balance 10 a.m. CCC Elder fall prevention class 10 a.m. CCC Get Fit 12 p.m. CCC GED 12:30 p.m. BCC Water aerobics 5 p.m. CCC GED 5 p.m. CCC Ojibwe language 5 p.m. CCC	AVANCE 9 am. OJSHS Wisdom Steps golf 9 a.m. GED 11 a.m. SCC Jujitsu (over 13)6 p.m. CCC				
8	9	10	GED 5:30 p.m. SCC 11	GED 5 p.m. DC 12	13	14			
Beading 11:30 a.m. CCC	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC GED 10 a.m. DC Beading 4:30 p.m. CCC Cribbage 5 p.m. CCC	Get Fit 12 p.m. CCC WIC 12 p.m. MNAW AA/NA support 12 p.m. TRC GED 12:30 p.m. BCC Water aerobics 5 p.m. CCC Aikido 6 p.m. CCC Adult beginner swim class 6:30 p.m. CCC	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC GED 10 a.m. DC Elder concern mtg 10 a.m. CCC GED 5 p.m. CCC GED 5:30 p.m. SCC	A Matter of Balance 10 a.m. CCC Elder fall prevention class 10 a.m. CCC Wisdom Steps mtg 11 a.m. BBCR Get Fit 12 p.m. CCC GED 12:30 p.m. BCC Open RBC meeting 1:30 p.m. CCC Water aerobics 5 p.m. CCC GED 5 p.m. CCC Ojibwe language 5 p.m. CCC	GED 11 a.m. SCC FDLOJS Manoominike celebration Jujitsu (over 13)6 p.m. CCC	AVANCE 9 am. OJSHS Beading 11 a.m. CCC			
15	16	17	18	GED 5 p.m. DC 19	20	21			
Beading 11 a.m. CCC	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC GED 10 a.m. DC Beading 4:30 p.m. CCC Cribbage 5 p.m. CCC	Elder fall prevention class 10 a.m. CCC Master Naturalist class 10:30 a.m. CFC Get Fit 12 p.m. CCC WIC 12 p.m. MNAW AA/NA support 12 p.m. TRC GED 12:30 p.m. BCC Water aerobics 5 p.m. CCC Adult beginner swim class 6:30	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC GED 10 a.m. DC Elder concern mtg 10 a.m. CCC GED 5 p.m. CCC 52 + Elder meeting & potluck 5 p.m. CCC GED 5:30 p.m. SCC Sobriety Feast potluck 6 p.m. CCC	A Matter of Balance 10 a.m. CCC Get Fit 12 p.m. CCC GED 12:30 p.m. BCC Water aerobics 5 p.m. CCC GED 5 p.m. CCC Ojibwe language 5 p.m. CCC GED 5 p.m. DC	GED 11 a.m. SCC Jujitsu (over 13) 6 p.m. CCC	Gitigaan Fall Fest AVANCE 9 a.m. OJSHS Football camp 9:30 a.m. CCC 52 + Elder mtg			
22	23	p.m. CCC Aikido 6 p.m. CCC 24	25	26	27	28			
Beading 11 a.m. CCC	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC GED 10 a.m. DC Beading 4:30 p.m. CCC Cribbage 5 p.m. CCC	Oct FLDOJS 1		Sept. 19 1:30 p.m. CCC RBC Open Meeting					

Any persons with FDL Writs & Orders of Exclusion are not allowed to attend any FDL Field Trips or Activities.