Nahgahchivanong (Far end of the Great Lake) Dibahjimovinnan (Narrating of Story)

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Local News

Walk to School on a typical Minnesota spring day

By Zachary N. Dunaiski

he Walk to School event, May 4, was a typical Minnesota spring day—that is if Minnesota is capable of having a typical spring day. It was cold and blustery by the standards of people who don't live on the Fond du Lac Reservation or surrounding area, but by the standards of Minnesota it was non-jacket weather.

The event, which started a few years ago has grown to be something the kids look forward to each and every year. The walk is a chance to get outside after a long winter and enjoy the fresh air, as well as an opportunity for the kids to get some exercise.

The teachers and students alike, enjoyed their walk together and enjoyed wonderful conversations with their peers, friends, colleagues, and teachers.



Nahgahchiwanong Dibahjimowinnan

Translation: Far End of the Great Lake; Narrating of Story

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Editor: Zachary N. Dunaiski

The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that

end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the Native American Journalists Association

Local News











Sawyer News

would like to wish Rose Shotley a Happy Birthday, she is 100 years old this month.

The late winter weather made it difficult for maple sugar production this year. We are always grateful for the maple sugar we did get. It

was a good year for our spring fish harvesters, even with the late ice out. The Lake Superior smelt expedition also proved to be a good harvest. The Sawyer Community Smelt Fry was well attended and many stories were shared about the early years

when smelting was popular. These harvesting traditions always make for good conversations among the community.

Bruce Savage

The open meeting was in
Brookston this month on the same
day as the Fond du Lac College
graduation. Thank you Larry
Anderson, President of the FDLTCC
for your years of service and always
advocating for our youth. Also,
Vern Zacher was honored in the
graduation ceremony for his work

through the years. Congratulations to all graduates of our FDL Headstart, local high schools, and colleges.

In Sawyer we have completed Phase 2 of the traffic safety plan on Highway 210. I would like to thank Ed Fairbanks, MN Tribal Liaison of the MN Department of

Transportation, for his diligent work and making this a successful project.

I hope that the FDL gardeners are busy getting their plants in the ground. During Enrollee Days June 22-23, there will be presentations on plant identification and traditional plant

medicines. Be sure to join the Canoe Races that will be at Kiwenz Campground, this will be a lot of fun for the family.

Have a great summer.
Sincerely,
Bruce M. Savage, Fond du Lac
Sawyer District 2 Representative,
(218) 393-6902 cell or
BruceSavage@fdlrez.com

Boozhoo,

t is the graduation season again. I try to think back to my graduations. I think about the 6th grade and leaving the security of the school that I had come to know, the teachers that had become my mentors and the kids that would not be moving to the junior high school. I think about the

excitement of going into a new "world" at the junior high, but at the same time, being sad to be leaving the safety of the old "world." I think students now days are pretty much the same, excited, tentative, and scared. The world is for you to enjoy, for you to experience and live

up to your potential. Try new things and go new places.

There is a lot of activity going on around the Reservation. I see people cleaning and raking to prepare for summer. I see loads of debris being taken to the recycling area. I mostly notice the colors and smells of spring coming out in the trees and the grass. The streams are running and the ice is gone from our lakes. The best scent though is the barbeques that are being done. I always know when someone in the neighborhood is firing up their grill.

I was able to help out my coworker Bruce with a couple of his community outings this past month and I enjoyed myself tremendously. I was welcomed into his community (Sawyer) with open arms and was treated like I had always been there. I flipped pancakes one night and fried smelt another. These activities made me remember a closer caring community spirit that is not as prevalent

as it used to be. I recalled when we used to have large family gatherings for special occasions and all the fun we had. Thank you to the Sawyer community for bringing those memories back for me.

I also had a gathering to give thanks to the Reservation community for supporting me

for the fourth time as your secretary/ treasurer. I had over one hundred and fifty in attendance and want to thank the community center staff at Cloquet for all the assistance you provided. It made the celebration a success.

If you have any questions or comments please feel free to contact me. My office number is (218)878-8158 or you can e-mail at ferdinandmartineau@fdlrez.

Gigawaabamin.



Ferdinand Martineau



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FDL makes election history

By Zachary N. Dunaiski

Tune in even numbered years is typically when the newspaper would post candidate statements, but this year is different for the first time ever on the Fond du Lac Reservation.

Ferdinand Martineau, Secretary Treasurer, and Bruce Savage, Sawyer District II Representative, both won their seats by receiving over 50% of the votes in the primary election therefore not needing the general election. Winning just one of the seats has never happened for FDL since they began this voting process about 20 years ago, and this election saw both seats make history.

This has happened a few times before across the other Minnesota Chippewa Tribes (MCT) Bands but is the first time Fond du Lac has experience such a result.

"In the 20 years we've had this system, this is the first one for Fond du Lac, but not the first one overall," Gary Frazier, MCT Executive Director, said about the first time that it has happened for FDL.

Frazier went on to mention a few of the other Bands who have seen this in the last couple of elections, most notably Leech Lake, also having their two candidates winning in the Primary in 2016

"I remember because the election board was all mad that they never got to work the general election," Frazier added with a chuckle.

With Leech Lake having their two candidates win in the primary just two years ago, and with FDL's two candidates this year it would appear that a trend has started, but Frazier doesn't see it that way.

"I think that it's kind of a coincidence, because nobody had this happen in the last election, except for Fond du Lac and Mille Lacs. But Leech Lake, which didn't need a General election two years ago, now has to have one for all three of their candidates."

"I think just every once in a while it happens. In the last 20 years there have been several of them, but the only one before this to have both seats was Leech Lake two years ago," Frazier added.

Congratulations to Ferd and Bruce for making Fond du Lac history.

Culturally Competent Policing: A conversation with Fond du Lac Chief of Police and Native Nation Rebuilder Herb Fineday

Bv Lauren Kramer.

Native Governance Center

The world needs more police officers like Herb Fineday. As the newlyappointed Chief of Police for the Fond du Lac Police Department (located on the Fond du Lac Reservation in northeastern Minnesota). Herb is working to instill Ojibwe

values into the department collaborate with other area police departments on issues related to cultural competency. For Herb, culture

starts at home. He's

an enrolled member of the Fond du Lac Band of Lake Superior Chippewa and resides in the Brookston community (Ziibins) on the Fond du Lac Reservation. An Ojibwe word, Ziibins, roughly translates to mean "the other side of the river." The St. Louis River runs through the northern edge of the Reservation, and the community of Ziibins is located on the other side.

Herb Fineday

Herb and his wife Patti Jo, also an enrolled member of the Fond du Lac Band, instill culture into their family of seven through participating in traditional activities that align with the seasons, such as ricing, fishing, hunting, and gathering maple sap. Herb is also a talented artist and powwow dancer. On top of his work and family responsibilities, he somehow finds time to teach sewing classes for elders in his

community, travel the summer powwow circuit, and make Oiibwe floral appliqué ties and shirts. "What's huge for me and my family is that cultural component, that traditional component," explains Herb. "We maintain that, and we pass it down to our

children. It's also going to be a huge component of my new role at the police department."

Herb has been Chief of Police for just a little under a month, but he already has plans in store to increase cultural competency and build upon the work that he's accomplished in his previous roles with the department (most recently in the narcotics division). He sees building community trust as one of the most important aspects of his day-to-day responsibilities as a law enforcement officer. From stopping by the community center to visit with Elders about elk sightings and muddy roads to carrying tobacco to comfort those who are suffering, Herb understands the value of police-community relations.

As Chief of Police, he plans to launch a new community policing initiative. All officers within the Fond du Lac Police Department will be required to complete one hour of community policing per day and provide a record of their activities. Community policing encompasses a range of activities, such as reading to students at Fond du Lac Head Start or having coffee with community members at Nahgahchiwanong Adaawewigamig, the Tribe's gas and convenience store. As someone who's served in a variety of roles within the Fond du Lac Police Department, Herb believes that requiring officers to document their community engagement activities will promote accountability; he wants to prevent community relations from taking a back seat when things get busy.

In addition to community policing, Herb hopes to add Ojibwe verbiage to Fond du Lac's police cars and create social media pages for the department with titles in Ojibwe. He starts out each

week by smudging the police department and invites anyone else in the building at the time to participate. Prior to implementing changes at the department, Herb receives guidance from spiritual advisors: "I have spiritual advisors—people that I entrust—and I give them tobacco and tell them my ideas. They're always like, let's allow the spirits to think about this-don't just move ahead and do it." Herb's approach to the Chief of Police role is deliberate and grounded in culture.

Aside from instilling Oiibwe culture into the Fond du Lac Police Department, Herb wants to focus on building relationships with other area jurisdictions. He ultimately hopes to increase cultural competency within non-Native police departments on both a local and statewide level. Three jurisdictions fall within the boundaries of the Fond du Lac Reservation—the Carlton County Sheriff's Office, the St. Louis County Sheriff's Office, and the Cloquet Police Department. Herb hopes to improve Tribal-county relations by offering a curriculum for law enforcement on the culture and traditions of the Oiibwe people in the Great Lakes Region. He's received clearance to hold a pilot training with the Duluth Police Department on May 17-18, 2018. The training

is not only a first for the Duluth Police Department, but it's also the first of its kind for law enforcement in the state of Minnesota.

Herb's eventual goal is to get his training credited by the Minnesota POST Board (Peace Officers Standards and Training). The POST Board is the occupational regulatory agency that's responsible for licensing police officers across the state. Police officers are required to complete continuing education credits in order to maintain and renew their licenses. If credited. the training, which will be sponsored by the Fond du Lac Police Department, will provide participants with six hours of POST Board credit.

The curriculum would also become part of the implicit bias training required for all police officers in the state of Minnesota. "The implicit bias training that we take online is so vanilla," Herb acknowledges. "Basically, all you have to do is understand what implicit bias means. It doesn't cover the social stereotypes of the state. Even in a large city like Minneapolis, it doesn't even scratch the surface at all." Herb hopes that by improving the required implicit bias training and instilling cultural competency into police departments across the state, Tribes can build continued on next page



Protecting the land for coming generations:

A conversation with Fond du Lac Band Environmental Program Manager and Native Nation Rebuilder Wayne Dupuis

By Lauren Kramer,

Native Governance Center

he Fond du Lac Band of Lake Superior Chippewa is leading the way in the fight for environmental health and justice. Wayne Dupuis, a Cohort 3 Native Nation Rebuilder, is Fond du Lac's Environmental Program Manager and is working to promote sustainability, reduce Fond du Lac's energy consumption, and protect the land for future generations.

Wayne is an enrolled member of the Fond du Lac Band of Lake Superior Chippewa, and he's lived on the Fond du Lac Reservation with his wife (who's enrolled at Turtle Mountain) for many years. Wavne comes from a large extended family. Outside of his work as Environmental Program Manager, he's an avid gardener and is passionate about raising awareness about the impact that his Tribe's current blood quantum requirements will have on future enrollment numbers. "At the end of the Native Nation Rebuilders program, I took on this project to ensure that we're fully aware of our population trends and what we need to do to counter them," Wayne explains.

Wavne's work spans a wide range of issues related to environmental protection from monitoring air and water quality to supervising Fond du Lac's Tribal Historic Preservation Office (THPO), Wavne wears several hats. He manages a staff of 14 and feels fortunate to have "many good scientists" on his team. The Fond du Lac Band is setting an example for sustainability across the region, state, and nation through its numerous cutting-edge environmental projects.

Declaring Fond du Lac Reservation a Class I Airshed

Fond du Lac is improving air quality by working toward declaring its reservation as a Class I Airshed. What does it mean for an area to be a Class I Airshed? Essentially, the designated area conforms to the highest level of air quality and visibility protection levels as specified by the Clean Air Act of 1963. National parks (over 6,000 acres) and national wilderness areas (over 5,000 acres) are currently Class I Airsheds, in addition to six Indian reservations.

Fond du Lac is working to become the seventh



Indian reservation with a Class I Airshed designation, which will beneficially impact air quality not just on Tribal lands but across northeastern Minnesota. Wayne explains, "Industry is our neighbor here, but they're emitting almost to the top of the scale. In fact, they're going over in some respects. So us being a Class I Airshed is a threat to their ability to pollute. In the past, Class I Air pertained to a 60-mile circumference. But now it pertains to whatever is going to impact vour air-it doesn't matter what the distance is. So, we're declaring that we're at the table when it comes to air quality in our region. We would be the first here to do so."

Addressing environmental justice issues impacting Tribal members living in Duluth

The Fond du Lac

Reservation is located just 20 miles from the city of Duluth, and the Tribe also holds land within city boundaries. Unfortunately, many Tribal members living in Duluth are subjected to environmental racism due to the trajectory of harmful pollutants from area plants and refineries. According to Wayne, "Duluth is a long city, but it rises abruptly on the hill. Most of the lowincome people, including our Tribal members, live on the hillside. You know how it is when air is coming from the east—it comes and hits the hillside. We have the refinery over in Wisconsin, the cement plant that emits lots of pollutants, and all of the boats and railroads that are burning diesel. And the coal yards over there. So all of that stuff gets blown here."

Wayne says that the continued on next page

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stronger collaborative partnerships with local jurisdictions that will ultimately benefit both Native and non-Native Minnesotans

The Fond du Lac Police Department is leading the way in advancing cultural competency for law enforcement across the state, vet it faces significant iurisdictional restrictions due to statutes in place at the state level. Essentially, Minnesota state law limits the policing authority of the six Minnesota Chippewa Tribe (MCT) Bands, including Fond du Lac. "There's a state statute written that limits the authority of the six Tribes of the Minnesota Chippewa Tribe," Herb explains. "Our police department is actually not the primary jurisdiction the primary jurisdiction goes to Carlton County and St. Louis County." In line with his focus on partnerships, Herb hopes to collaborate with other MCT Bands and the MCT Tribal Executive Committee to advance a bill that will give Tribal police departments primary jurisdiction over land within reservation boundaries.

Cultural match and a team building approach to collaborative partnerships guide Herb Fineday's approach to policing and his new role as Fond du Lac Chief of Police. Herb credits his participation in leadership programs, such as the Native Nation Rebuilders Program (Cohort 7), for instilling in him the importance of both inter- and intracommunity relations: "The leadership training I've had—for example, being a Rebuilder—is going to assist me exponentially. The everyday aspect of being a Rebuilder is going to help me implement change and gain more of that community trust that I want. When I talk about community trust, I'm talking about the core relationships that we have with other agencies as well."

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average lifespan of residents living on Duluth's central hillside is ten vears lower than that of Duluth's total population. Fond du Lac's Environmental Program advocates for Tribal members living both on- and offreservation, and Wavne and his team have raised concerns about the environmental injustice taking place in Duluth with both the Minnesota Pollution Control Agency and the Wisconsin Department of Natural Resources. The process is still early on, and Fond du Lac hopes that both entities will take action.

Raising pollution concerns related to proposed area mines

Citizens of the Fond du Lac Band of Lake Superior Chippewa depend on the health of the land—both reservation land and ceded treaty lands—for their livelihood and survival. The Fond du Lac Environmental Program recognizes this important relationship and also sees the value of clean waterways and wetlands for all Minnesotans. PolyMet Mining plans to construct a large open pit mine (known as the "NorthMet Project") on Anishinaabe treaty lands to obtain metals embedded in sulfide-containing rocks. The mine is currently in the permitting stage, but Wayne and his team at the Fond du Lac Environmental Program were among the first to raise concerns about the

potential for the mine to leach metals and other pollutants into area waterways. As a result of Tribal concerns, the **Environmental Protection** Agency (EPA) ruled that PolyMet's initial Environmental Impact Statement (EIS) was inadequate. While the project has since cleared the EIS hurdle. Wayne and his team plan to continue raising awareness about the mine's potential to cause irreparable environmental damage: "We live in an area that has 10% of the world's fresh water, and we're concerned about what they say is going to happen. We're not convinced. It's a foreign corporation. We didn't make treaties with foreign corporations."

Wayne is especially worried about the potential impact that the mine could have on the health of wild rice beds in northern Minnesota. He notes that wild rice has declined by 90% across the North American continent. and the decline poses a direct threat to the health of future generations of Anishinaabe. Wayne explains, "Wild rice is the reason that we're here. It's in our prophecies. I've seen a diminishment over my lifetime. I've riced since I was 13 years old, and I've been part of ricing since I could walk." Fond du Lac's Environmental Program is taking steps to protect what's left of wild rice habitat by participating in a collaborative project with Tribes across Minnesota, Wisconsin, and Michigan. The member Tribes have established a database to share and store information on

wild rice densities across the three-state area.

Creating a Net-Zero HUD Home Prototype

Low-income people spend a high percentage of their monthly income on energy costs. Wavne and the Fond du Lac Environmental Program plan to remediate this issue for their low-income Tribal members and others by developing a net-zero home prototype that the United States Department of Housing and Urban Development (HUD) can use when building lowincome housing. A net-zero home is a regular grid home that produces just as much or more energy than it consumes throughout the year through both renewable energy and energy-efficient design. The Fond du Lac Environmental Program hopes to have the prototype design finished by fall of 2018.

Reducing Tribal energy consumption as a Kyoto Accord Signatory

Back in 2007, the Fond du Lac Reservation Business Committee passed a resolution to abide by the Kyoto Protocol, an agreement to curb greenhouse gas emissions, and pledged to convert 20% of its consumed energy to renewables by 2020. The Tribe has made great strides toward accomplishing this goal, in addition to reducing its overall energy consumption. The Fond du Lac Environmental Program has spearheaded this effort. For example, the program performed an energy

audit on all Tribal buildings (including examining energy bills) to determine the Tribe's baseline energy consumption and possible ways to cut back. In addition to incorporating energy reduction mechanisms into existing infrastructure. Fond du Lac has pledged to put energy efficiency and renewable energy technology into all new construction. The Fond du Lac Resources Management Building is LEED Certified (the most commonly used green building certification in the world) and features 10.5 kW of solar, south facing windows, and a green roof, among other features.

In addition, the Tribe has installed a megawatt of solar photovoltaic (PV) cells near its casino. Minnesota Power, a northeastern Minnesota utility company, was in the midst of a settlement regarding pollution discharge and awarded Fond du Lac funding for a renewable energy project. Wayne Dupuis suggested using the funding to install solar panels, and the utility company agreed. Overall, the Tribe has made great strides toward cutting its energy consumption and increasingly relying upon renewables for its energy generation. It plans to continue this effort into the future. "As a Tribe, we've reduced our energy consumption by 50% from our starting baseline," Wayne explained.

St. Louis River Ecosystem Services Valuation

The St. Louis River, which begins on the Iron Range in northern Minnesota, forms both the northern and eastern boundary of the Fond du Lac Reservation. This portion of the river is downstream from much of the region's current and proposed mining activities, meaning that sulfide waste flows toward Fond du Lac. As mentioned previously, Fond du Lac members maintain the right to hunt, fish, and gather on ceded lands, and they're concerned that the pollution of the St. Louis River diminishes these treaty rights.

Wayne notes, "Even though we ceded these lands, we retain the right to hunt, fish, and gather—otherwise known as usufructuary rights. And our usufructuary rights are being diminished. ... Every time [a] mine moves an inch, it's a diminishment of our usufructuary rights. Every time a road goes in, it's a diminishment. And there's never been an accounting for that." The Tribe recently completed an ecosystem services valuation study of the St. Louis River, meaning an estimate of the monetary value that the river ecosystem provides to the area. The valuation study determined that the St. Louis River watershed brings a value of up to \$14 billion in benefits to the region each year with a total asset value of up to \$687 billion. The Fond du Lac Environmental Program hopes to use its study as leverage as it seeks a seat at the table for negotiations surrounding proposed projects with the potential to impact the local continued on page 10

Music in her soul

By Zachary N. Dunaiski

any of us love music but very few of us feel about it the way that 2018 Cloquet Middle School Princess Piper Pattison feels about it.

"She loves the drum so much. That would've been when she was five, at the head start powwow. The drums just entrance her; it just speaks right

to her soul," Chad Pattison, Piper's father, said about the first time he remembered her love of Powwows.

Piper is 11 now. and she's always had an affinity for music. Naturally that would make Powwows the perfect place for her to go, and Chad knew that from a time when he was working at the Veteran's Powwow.

"We took her to the Veteran's Powwow, a couple of years back when she was 6 or 7 and

she just fell in love with it," he recalled. "She loves the beat of the drums. She loves people singing at them and it just makes her so excited. Ever since then we've always tried to get her to at least the Vet's Powwow."

Piper's parents, Chad and Tricia, try to get her to as many Powwows as they can, but stay mainly with the summer Powwows. She is also the granddaughter of Cindy Pattison, and has an older brother named

Drake, who is her favorite person on Earth.

When Piper was first born, she was about 5 weeks premature. Her parents didn't notice anything different about her until she was about 6 months old. That's when she was diagnosed with cerebral palsy. But that diagnosis doesn't define her.

"She's your regular little girl, she's

curious. She likes to do ordinary things, loves music, has loved music her entire life," her father said proudly of her.

Chad went on to talk about that first powwow of hers, her head start graduation powwow, and his story of her was absolutely beautiful.

"The first powwow she went to would have been the head start one when they graduated. We went out to dance like all the little kids do and she literally fell asleep while I was holding her hand,

and continued to dance to the drum while she was sleeping going around the circle. She fell asleep but she kept bobbing and holding on to my hand and dancing to the music and as soon as it stopped she woke right up."

It's her love of those Powwows that got her noticed last summer.

"Fran Smith saw her dancing there," Chad added about when she danced at last year's Cloquet Middle School Powwow. "She danced

almost every dance, in fact she tired me right out. And that's when Fran pulled me aside and said they were going to be gifting jingle dresses to girls at that 2017 Vet's Powwow and she wanted Piper to be there so she could gift her a jingle dress."

"I ended up having knee surgery in June but we were still able to make the Vet's Powwow last year and that's where she got the jingle dress she was wearing at the last couple of Powwows," Chad added about her dress.

Chad said that he himself isn't a big dancer, but as a Veteran he is usually at the Veteran's Powwow, even carrying the flag a couple of times.

"I think she just loves the music and the sound," Chad added about where she picked up her love of dancing. "And she loves watching all the other people in their Regalia. She'll usually pick one person out and kind of just follow them around. It's pretty much just that. The atmosphere of the Powwow is just really something she loves."

After Chad signed Piper up for the Powwow Princess, she danced to compete for the nomination and was named the winner at the Cloquet Middle School Powwow.

"Then there was a congratulations dance after that and she got a crown. It is a beautiful crown, handmade, beaded, and that's what Piper got," Chad said. But that wasn't the only thing she won. At the FDLOJS Powwow, she won a spot dance competition.

Piper is so proud to have been named the Cloquet Middle School Princess, and we can all learn a lesson from her to have music playing in our soul.







Happy 100th Birthday Rose LaPraire Shotley









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ecosystem. "The value that [a river] brings to a region is eye opening," Wayne asserts. "People just don't realize it."

Looking ahead to the futureWayne Dupuis not only brings

an awareness of the need to improve the environment in the short-term to his work, but he also instills a genuine care about the health of future generations into his role as Environmental Program Manager. In the coming year,

he hopes to set Fond du Lac on a path toward energy sovereignty: "Energy is really going to determine how we interact with everybody. And we need to know and be strategic about what our energy sources are and how we

relate to the world around us." Wayne sees the importance of remaining accountable to future generations both through his work and in his personal life. He strives to make environmentally-conscious choices on a day-

to-day basis. "It's not only Fond du Lac, but me it's me personally. That's where it begins. It's, 'What am I going to do?'"

Nancy (Mindimois Laundry) and John Gurno

Research by Christine Carlson

ancy's parents – Benjamin Laundry and Lalouisa Naganosse

Benjamin "Song-ah-cumig" Laundry was born in 1820 and died in 1885. LaLouise Naganosse FDL – 9C was born in 1823 or 1832 and died May 26, 1911.

Several Names for Nancy

Nancy's name is written several different ways so they all will be included. Her name is listed as Omyyahwubequay or Meia-wibikwe or Mindimois.

Grave Registration Project

These records show that Louis (This is a mistake for Louise.) Naganossek (Landry) was born in 1832 and died on May 26, 1911 at the age of 79 years. Her mother's name is listed as Josepha Abwekwaamokwe and father's name is listed as Michael Mikwamiwigiijig.

Note Mistakes or Similarities

This is a good example of mistakes that may need to be noted. Notice that LaLouise's name is spelled as Louis which is a man's name. The last name of Landry is also spelled differently.

1850 Census for the Fond du Lac

Number 55 is Songukumig who is listed by himself.

1855 Wisconsin State Census for Douglas County - Superior

Benjamin Laundry was listed in this census in June of 1855.

Marriage Record from Superior, Wisconsin – 1855

On July 2, Benjaminus Songakamigak Laundry, age 23 from the old village of Fond du Lac in Western Duluth, was married to Ludovica Naganosse, age 23 from the old village of Fond du Lac in Western Duluth.

1877 Genealogical Roll of the Fond du Lac Band of Chippewa Number 55 is Songakamig age 40 and is the son of Bateswininin? and his mother Odiekwe? His wife Naganissi is the daughter of Mekuamiaigijig and Abwekuaamokwe. The children of Songakamig and Naganissi are John age 18, Sauswe age 16, Nancy age 14, Mary age 10 and a son age 20 by the name of Webibigwans.

John's parents – Sam Gurno and Josette Souliere

1857 Minnesota Territorial and State Census for St. Louis County Louis Gurne or Gurno age 37, a fur trader born in Canada and his son Saml. age 4 born in Minnesota.

Reuben Carlton letter to William Durfee about Sam Gurno who lived in old village of Fond du Lac in Western Duluth. (The letter was written on December 20, 1859 and was found at the Carlton County Historical Society)

Sam Gurno froze his feet said very badly. We have had some very cold weather

The area called New Duluth

This area of Gary/New Duluth which is located before the old village of Fond du Lac was once called the Gurneau Claim or tract of land. This means that the Gurneau family had this huge area before the non-Indians moved in.

1887 U. S. Indian Census at LaPointe, Wisconsin

Number 192 is Sam Gurno age 41, his wife Angelique age 37, and son John age 11. (The census at LaPointe did not mean the family lived there. LaPointe was a central place where the bands came to be counted in the government census rolls.)

John and Nancy Gurno 1905 Minnesota Territorial and State Census for the old village of Fond du Lac

John Gurno age 30, from Minnesota and his wife Nancy age 29, from Minnesota and their children Frank age 3, and Fred age 8 months.

1906 Death Records from the Filiatrault Funeral Home in West

Funeral home record #491 is the infant son of John and Nancy Gurno who died on April 25, 1906 at age 18 months. This was baby Fred who was buried at the old Fond du Lac/Roussain Cemetery.

1910 United States Federal Census for the old village of Fond du Lac

John Gurno age 40 from Minnesota and his wife Nancy age 33 from Minnesota and their children John Gurno age 14, Mike age 10, and Frank age 8.

The old Village of Fond du Lac News Column from the Duluth News Tribune of August 8, 1912

John Gurno and family moved to Wrenshall Monday where they will make their home.

Was graduate of Carlisle Indian School and a Very Bright Boy – Vidette of November 6, 1917

Mike Gurno, a fine young lad of part Indian blood, and whose parents are residents of Wrenshall, was almost instantly killed at Duluth Tuesday. He was working with a crew of brick-layers on a big chimney at Garfield avenue, Duluth, and the scaffold broke, precipitating him in a headlong plunge of 102 feet to the street below. On the way down he collided with two guy wires, which jerked, twisted and otherwise crushed his body, and when he hit the street he was probably fatally injured already, but the awful shock of striking the street finished the work of the wires, and although his rugged and youthful strength desperately against the grim reaper, he died for only a few minutes after he had taken the terrible fall. He died before any medical aid could get to him.

His father is John Gurno, who lives at Wrenshall, and is the official black-smith for the Enterprise Brick company there. His mother also lives there, and he has two brothers one John, at Duluth, older than he, and one



The old village of Fond du Lac in western Duluth had a school since 1892 although the year of this photo is unknown. The two Gurno brothers attended this school and are in the top row. The two tallest boys left to right are Frank with suit coat and white shirt and Mike also has a suit coat and white shirt.

Frank, younger at home.

The funeral taking place this afternoon at Wrenshall, from the Habbegger hall with Rev. Fr. P. H. Kiley of the local Catholic church, as the officiating minister and the remains are interred in the Wrenshall cemetery.

He was a very bright young lad and was for three years a student in the Carlisle Indian school in Pennsylvania, and graduated from there last spring with high honors for one of his age, and gave promise of splendid things in his life had it not been thus suddenly cut off. He has a lot of young friends among the young people of his vicinity, who all sympathize with his parents and regret his untimely taking off.

Mrs. John Gurno Called Beyond - Native of Northern Minnesota by Ancestry was born at Fond du Lac one of the French-Indian Women of the North Country – Vidette of January 21, 1921

Mrs. John Gurno died at the family home in Wrenshall on Thursday, Jan. 13, after an illness of several weeks from heart weakness. The funeral was held Monday at the home with a Catholic priest from Proctor officiating and internment was made in the Wrenshall cemetery.

Mrs. Gurno was of French-Indian parentage, and was born at Fond du Lac, and was aged 49 years. She was a descendant of one of the famous Chippewa tribe of Indians, and was one of the natives of the northern wilds.

She is survived by her husband John Gurno and two sons, John and Frank, who are bright young men and have been educated at Indian schools. She also has some relatives up on the reservation, and all mourn her loss as one of the members of the family.

Fond du Lac Indian Census for June of 1921

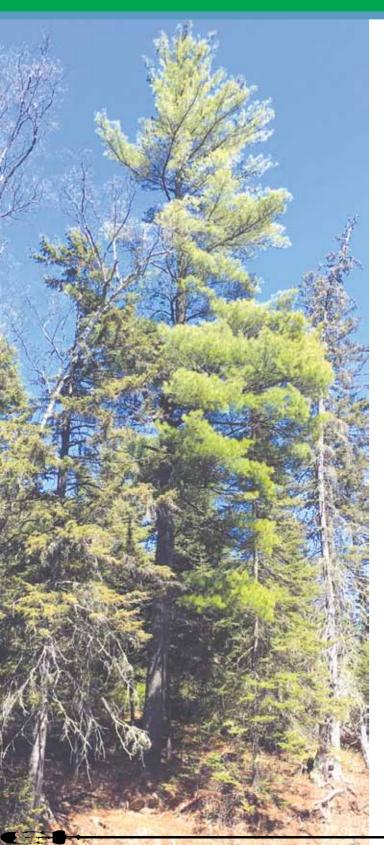
Number 414 is John Gurno born in 1871 and his wife Nancy born in 1860 who has died and their son Frank who was born in 1901.

Number 43 is John Gurno Jr., and his daughter Lorraine Nancy who was born on 5-19-1921.

Thanks to Dan Anderson

Thanks to Dan Anderson who has been so kind to me since the days he worked with Kathy Peil at the cement building that now houses the bus garage. I spent many hours in the basement looking through micro-film. My how the years have gone by.

Environmental News



National Tribal Forum on Air Quality

By Zachary N. Dunaiski

ond du Lac hosted the 19th Annual National Tribal Forum on Air Quality at the Black Bear Casino and Resort May 14-18.

Representatives came from all over the world to speak about and answer questions on air quality and how it affects all of us on so many levels. The first Fond du Lac Band member to speak at the conference was Ferdinand Martineau, Fond du Lac Secretary Treasurer, who immediately addressed those in the audience from the Southwest where their water concerns are more based on quantity than quality.

"When I was in the southwest, I would see fights over just a few gallons of water," Ferd said about one of his trips. But he was very aware that the lack of water doesn't make their struggles different from our own Reservation's.

"Everybody is the same, but every situation is different. Every one of our Tribes has different issues that they try to face and try to solve for their home communities," Ferd said to the room of environmental specialist about their everyday battles to protect the Earth.

A sentiment that keynote speaker Karen Diver echoed when she talked about learning to fish.

"My husband taught me how to fish. He would show me the fish that we caught and say 'this one isn't good and this is why.' There were ulcers on the fish," Karen said about learning about the water quality issues around Cloquet. "And we wouldn't eat fish out of the St. Louis Bay because of what was happening upstream.

"I would go visit my great uncle who had a fishing camp and spend all summer long there. And he made sure his fish camp was above Cloquet on the St. Louis River because he didn't want anything below Cloquet because of the paper mills and industrial contaminants. Then you can kind of connect those dots to the cancer deaths in our community."

But those environmental problems aren't just outside the Fond du Lac Reservation. We haven't always been the best stewards for the environment, but we have been doing better as of late.

"Here at Fond du Lac, we started our environmental causes by cleaning up our Reservation with a recycling program," Ferd told the audience from all over the country, who wanted to know specifically what FDL was doing to protect the environment. "It's almost a kind of an innocuous program, but what happened was people would take their household garbage and burn it. And we all know that's not okay. Because of the pollution and it's bad for our environment. So we stopped that by getting our recycling program going and gave people a place to get rid of their household garbage. And we actually cleaned our Reservation up, which was the start of our clean air clean water."

Karen also talked about the beginning of our environmental work with the ratifying of the Kyoto protocol, an international agreement to set internationally binding emission reduction targets.

"One of the first things that happened after I got elected to the Tribal Chair was we were asked by our environmental staff to ratify the Kyoto protocol," Karen said as her first active effort to protect the environment.

"Are we going to take action and hold ourselves accountable for our activities?" Karen added rhetorically about ratifying the protocol. "And I also thought it was pretty cool right? Something the United States couldn't do, but we were sovereign and we could do this, and we did."

But fighting for the environment isn't always easy. It's long, thankless days to help protect the only planet we have. So she gave a few encouraging words to those who are fighting to help keep the planet in the best condition we can.

"I learned that taking care of the environment for tribes is really a battle on ALL FRONTS. It's at the local level when you talk about things like air quality and water quality. It's about litigation, well placed litigation. It's about finding allies and to keep finding those voices," Karen added.

It was obvious that at a conference about the environment, the most impactful environmental continued on next page



Environmental News

Heating the Midwest with Renewable Biomass Conference brings large crowd

By Zachary N. Dunaiski

t Black Bear Casino and Resort, Fond du Lac hosted the Heating the Midwest conference and expo May 1-3 with a large group in attendance.

The conference and expo had 80 registered members who were able to visit the booths of biomass-related vendors,

businesses, and organizations to demonstrate biomass technologies, information, and general information to those in attendance.

Before the conference and expo on May 1, Fond du Lac hosted a pre-conference tour of the biomass heating system that is nearing completion. FDL's biomass system design will use a semi-trailer load of

woodchips that the system will be dry conveyed to chip screener then to a wood chip boiler that will efficiently be burned to help heat the Sawyer Community Center.

"Fans will push air through the floor trenches which will dry out the chips," Bruno Zagar, FDL Environmental Specialist, said about the FDL biomass facility as the final stages are being completed on the system. "It will have a higher BTU, less moisture, less pollution, and the boiler runs better to give us more BTUs for heat."

One company in attendance was LHB, who was a silver level sponsor of the event. LHB was one of the many companies that worked with Fond du Lac on the Biomass building.

LHB specifically helped FDL in the designing process of the facility in Sawyer.

Fond du Lac has always been an advocate for the environment and it was amazing to see how many people came to the Heating the Midwest conference to learn more about the benefits of biomass thermal fuel in the Midwest.

from previous page

disaster that FDL had to endure was going to come up—the flood of 2012.

"We came through the flood okay, because the people here are resilient and they're strong. And while we might fight with each other all the time, when push comes to shove, we stick by each other," Karen said as to how FDL Band members fought to help each other on that terrible day, "People took other people in their homes, our transit system went on call and got people out of neighborhoods, neighbors helped neighbors, and things like that."

At times the battle to protect our environment requires help from other communities and entities. That in itself can be just as difficult as a battle, but just as important. But, as Karen notes, Bands have to do their work on their own, and get help from others when needed.

"What good is being

sovereign as a Tribe if that isn't the place where vou start? That sovereignty attitude in what you do matters. In the guise of having partnership, it's a little too much like asking permission. You do not need the permission of any other group to be sovereign, you just are. You aren't asking for permission, what you are asking for is cooperation. That is preferable to litigation. That is preferable to outright revolt. Be Sovereign. Do not ask permission. This is what we want, this is what our Tribal governance supports, here's how you can help us get there. Here's what we expect of you. Here is very specifically what your treaty responsibilities are," Karen said.

"Your goal is to remember what is the long game," she added as words of encouragement to a room of people who work very hard and most likely aren't thanked enough. "I'll tell the story of a state legislator who once said 'you know Diver if you come after our mining, we're going to come after your gaming." She shrugged at the memory of the story before continuing. "I just said to him 'we've been poor before and survived. We can't survive without clean water, so bring it on."

While this work is challenging, here on Fond du Lac, we are already seeing the work we've done pay off.

"We said that by 2020 we would reduce our carbon footprint by 20 percent. And I don't know if you've all taken a look at our solar array in the back of the casino but that provides 10% of our electricity here at the casino," Ferd said about one of the biggest project FDL has taken on to help the environment. "10% for a household is 20-40 dollars but for this place it's 8,000 dollars a month."

That's a big step in the right direction, and we didn't stop there.

"And we have a biomass program to heat one of our community centers, that's going to reduce our carbon footprint a little bit more," Ferd continued, "We started an energy savings program here, if you look up at the ceiling you'll see we have halogen lights in here in the event center. They are less expensive, they'll last longer, and they reduce our energy consumption by almost 2,000 dollars a month at this place." Ferd went on to add that we have reduced our carbon footprint as of 2018 by 27%, far exceeding our initial goal.

Karen finished her keynote address by pointing out that the battle isn't easy, but we have to keep fighting.

"Sometimes you're just setting the stage for your next little lean forward, and it might not feel very productive. Social change happens in really baby steps folks. But each of those baby steps needs to be taken."

Line 3 cultural survey

The continuation of the Tribal Cultural Resource Management (CRM) Survey for Enbridge Line 3 Applicant Preferred Route (APR) was launched again in May.

The field crew members will survey Enbridge's Line 3 Applicant Preferred Route from a Tribal Cultural Resource Management perspective. The Enbridge Line 3 APR traverses the 1854, 1855, 1863, 1889 Ceded Territories in Minnesota. The Tribal Cultural Resource Management Survey for Enbridge Line 3 is an opportunity for our Band members to gain knowledge, skills, and abilities that diversifies our work force and provides development for those who choose to learn these skills to broaden their employment choices.

Principal

Boozhoo Parents and Guardians!

first want to say Miigwech for sending your children to Fond du Lac Ojibwe School. It has been a busy year. Please remember to fill out your enrollment forms for next school year as soon as you can. We have the upcoming graduation for our student's on May 25th at 6 p.m. Our students decided they wanted to have prom this year. Following prom we had a lock in on Saturday, May 11. We had several people donate prizes for our event. Miigwech to everyone that helped at prom this year, it was a huge success.

I am pleased to announce that Valerie Tanner was hired as the Assistant Principal in March. Valerie has worked at St. Scholastica as an assistant professor, she was the director of the Native Teacher Training Program. She is also a former 5th grade and special education teacher. I would like to mention over 50% of our student body has not had any behavioral referrals. That is a good amount of students working towards following the 7 Teachings Honesty, Love, Truth, Respect, Humility, Bravery, & Wisdon Together we will work toward having the best behavior in our school.

We have added a music department to our school. We hired Josh Danderand as our K-12 music teacher. Our students already put on a performance at Ziigwan celebration. They plan to have another performance on May 24, 2-3 p.m. The music classes have been a nice addition to our school day.

We had another successful year of College Bound. We partner with FDLTCC to encourage our high school students to have exposure to the Fond du Lac Tribal & Community College classes. Milgwech to Fond du Lac Tribal & Community College, the instructors at the college, and the Fond du Lac Ojibwe School students for their

participation in the College Bound.

Children Youth Families at Risk (CYFAR) is another program we partner with Fond du Lac Tribal & Community College. Our 9th grade students are participating in learning healthy snacks financial literacy and checking and connecting with a CYFAR Mentor. They have participated in making a video of our Iskigamizige. Some of our high school students gave tours of our Iskigamizigan and showed another school (Boulder Options of Minneapolis and Rochester) how to make sugar cakes. They would like to come back when we have our Manoominike celebration. Nice work 9th graders and Jill Goodreau.

This year our 2nd graders were monthly visitors at the assisted living building. They enjoyed their time there with the staff and the people who live there. Milgwech for having our 2nd graders visit!

Kindergarten Roundup was in April. We are excited to have our new kindergarten students in the fall. Parents please fill out the permission slip for kindergarten students to attend kindercamp July 30- August 16. Your kindergarten student will be transported to school Monday through Thursday for two weeks. This will give your child an opportunity to have an experience before school begins in the fall. They will meet their teacher and know how to ride the bus and learn all about the new school building they will be in. Valerie Tanner is the person to call for summer school and kindercamp questions. (218) 878-7289

There is so much to say about Fond du Lac Ojibwe School and I am trying to remember all the wonderful things that have happened since January. I really appreciate our staff and all the things they do. They are amazing to work with and I know our students appreciate and learn a great deal from all our staff. Miigwech to all of our Reading Buddies! It sure is nice to have you all in our building. School News

Superintendent

Aaniin/Boozhoo nindawemaganidok,

he school year is quickly coming to an end. On June 6, 2018 we will be celebrating our end of the school year awards and barbecue. I can't express how much I love working for our students and families. I hope everyone enjoyed themselves this past school year during our many activities and events.

The FDLOS staff did an awesome job planning and organizing activities for our students that are in the school section of the newspaper. I hope you read all of the exciting newsletters that highlight the 2017-2018 school year.

I'm proud of the FDLOS staff for going above and beyond of what is expected of them year after year. Our student attendance data reflects that the students enjoy and like coming to our school. Chi miigwech, to everyone that helped make our school year a successful one. I am extremely proud of our students and staff.

We are always looking for innovated ways to expand and engage our students. The last few years we implemented reading, math, and science programs. This year we implemented a music program that focused on grades 7-12. The students enjoyed it so much they performed a few concerts. Next year we will expand music school-wide and host more concerts. We would like to implement a drama program next year too.

By having Arts as a focus we hope to enable students to explore their natural talents which in turn we will see results in student achievement academically, socially, and emotionally. If you have any ideas or suggestions that will benefit our students

please contact me or vour district school board representative. The school board representatives are list on our school's web page. Congratulations to the Class of 2018! I know all of our students have worked hard to earn their high school diploma! I hope the Class

of 2018 reaches all their future goals and become successful contributing adults in their communities.

A heartfelt miigwech to all the students, parents/guardians, staff, and community members who contributed to make this year successful and unforgettable.

Gigawaabamin



lst Grade Mrs. Smith

Mrs. Smith's first graders at the Fond du Lac Ojibwe School have been learning about observation skills for science. We have gone outdoors with Shannon Judd from Natural Resources to listen and see signs of spring. We have also been working in the school greenhouse learning about planting seeds. Students will have a plant to take home and another to put in the school journey garden for the summer. Thanks to Ms. Petra for helping us in the greenhouse.

We also want to thank our reading buddies for working with us this year to practice our reading skills. We love our reading buddy days. On May 4, we enjoyed a great morning for walk to school day. The following are some comments student shared when asked about the event: "It was good" "I liked the walk" "It gave me exercise" "I liked all the steps we did and the snacks afterwards."

lst Grade Mrs. Sautbine

It's May already! I cannot believe that I have had the privilege of being with my first graders for 8 months. It's like I have seen these little ducklings turn into beautiful swans. The first graders are such beautiful readers and wonderful mathematicians.

We have had many great

times this school year. We've went from our Reading Buddies reading to the students; to the students reading to our Reading Buddies, learning what numbers are to adding three numbers, we've learned how to write our letters correctly to writing beautiful stories, we ended the year in Science learning about what our Earth is made up of, and in Social Studies we learned a lot of new vocabulary words and ended with learning about money and trading. Learning all of these subject matters will make the students ready for 2nd grade!

We did a lot of fun activities outside; we walked the nature trail in the winter – looking at all the signs of nature and then played in the snow! We went sliding this winter at Pinehurst Park; the smiles on their faces said how much they enjoyed sliding! At the end of May we enjoyed some water activities outside as we soaked up the sun! I loved hearing all the laughter!

We have planned at this time to go to the Children's Museum in Duluth and visit the Bayfront Park Play front, visit the Fur Trade Post in Sandstone, Minn., enjoy our yearly Canoe Races at Kiwenz, and have our end of the year fieldtrip to the FDL Museum and CCC pool!

It has been a privilege and an honor to teach my students this school year. A piece of my heart goes with each student as they move on to second grade.

6th grade

Boozhoo! The year is coming to an end very quickly, and I am very proud of the accomplishments the sixth grade class has made. They are growing up and becoming wonderful "Pre-Teeners". We will end the year with a few field trips-one to Duluth to participate in River Quest, the other to Madeline Island.

We will be working on the last unit in the Wonders reading program, understanding and using percents in math, forces and energy in science, and the Civil War and post-war years in social studies. We are looking forward to the canoe races so we can relax and have a lot of fun after all of our hard work! I hope you have a great summer full of fun and adventure and look forward to the next school vear.

Check and Connect Counselor/Mentor

Family summer exercise is important for everyone's mental and physical health. A workout does not always mean running laps, lifting weights, or going to the gym. Families can spend time

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2nd Grade Mrs. Martin

In mid-March second graders at the Fond du Lac Ojibwe School traveled to a local sugar bush where they participated in various maple sugar activities. The weather was perfect as the students were shown traditional versus modern day methods of tapping trees and collecting sap. The students also sampled the maple sap directly from the tree; some enjoyed the taste, others not so much.

A demonstration of the boiling process was given and the students were amazed at how much sap it takes to make one gallon of syrup. Finally the students were treated to pancakes where they compared traditional maple syrup to store-bought. Store bought syrup seemed to be the favorite of the second graders.













21st Century After School Activities

his year we provided students with many activities. Our activities were academic, physical, artistic, and some related to our Anishinaabe culture. We had an amazing group of students and staff who regularly participated in the program.

Our program runs 30 weeks out of the year, three days a

week. We provide students with a healthy snack and a ride home afterwards. The program is funded by the Bureau of Indian Education. The 2018/2019 school year will be the last year of this grant. Most likely the school will apply for the grant again so that we can continue to provide our students with after school learning opportunities.

Miigwech to all the families and staff that helped make this program a success. If you would like to volunteer, sign your child up for after school activities or work in the after school program please contact Maria DeFoe at (218) 878-7239 or email mariadefoe@fdlrez. com Have a fun, safe, and healthy summer.





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together bonding, having fun, and getting exercise while doing the following activities:

- 1. Go for a family walk before or after dinner
- 2. Do yard work together
- 3. Make a game out of household chores
- 4. Crank up the music and have a dance off
- 5. Walk the dog
- 6. Compete with human wheelbarrow races
- 7. Create an obstacle course in the back yard
- 8. Go on bike rides
- 9. Play hide and seek, yes even you "older" family members
- 10. Play tag.

Grants/ Accountability Manager Ojibwe School Program and facility news

The Ojibwe School's Title VI program will receive \$51,007 in funding for the 2018-19 school year. This program provides relevant math, reading, science, and cultural curricula with associated assessments and intervention programming to all students grades K-12.

We will receive \$79,786 next school year from the Minnesota Department of Education's Indian Aid program. The school adopted Minnesota's School's World's Best Work Force goals.
The program incorporates scientifically research-based math and reading programs and interventions along with postsecondary preparation program activities for students in grades K-12. The World's Best Workforce Goals are:

- All children ready for school
- All third graders achieve grade level literacy
- All achievement gaps closed
- All students attain career and college readiness
- All students graduate from high school.

It will be a busy summer at the Ojibwe School with quite a few building and grounds improvements in the works. We have received \$450,000 in facility improvement funding from the Bureau of Indian Affairs. Projects include vinyl tile replacement in the student commons, cafeteria, and several corridors; the resurfacing of all three parking lots and the access road to the school; gym bleacher replacement; security improvements; sidewalk, curb/gutter, and loading dock repairs; and improvements at the transportation maintenance building.

A majority of the playground equipment will be replaced along with the addition of new features such as a challenge course along with safety landscaping material.

The Ojibwe School received a matching grant from the USDA Rural Development program to replace the

original school message sign with an electronic model. We would like to thank the Planning and MIS Divisions for their assistance with the grant and installation process.

BIA contractors conducted radon testing in April. Results will be available to the community by early summer.

Library News

This year look-up stations (laptops) on the Elementary and Secondary sections of the library have been made available for students and staff to access "Destiny," the online library catalog. A "Destiny" link is also posted on the main home page of the Fond du Lac Ojibwe School providing access by way of laptops in the classroom as well as the computer lab.

Elementary students were provided age appropriate library instruction on how to locate fiction and non-fiction books, and other materials in the library. Activities to practice their library skills included: alphabetizing, identifying parts of a book, identifying fiction and nonfiction books, using the Dewey Decimal Classification System, and learning library vocabulary. Using classroom science textbooks, students learned how to use the "Table of Contents" to find the content in a book and how to use the "Index" to locate a particular subject.

Storytelling and the importance of oral tradition is

an integral part of the library. "Trickster Tales," folktales, legends, and other stories with follow-up activities were shared with the elementary students.

Students in 10th-12th grade were provided instruction on basic research strategies and how to access ELM (Electronic Library for Minnesota). This free state wide online research resource provides access to magazines, journals, newspapers, encyclopedias, electronic books, as well as other information sources. Topics include arts, science, social science, current events. health, and more. High school students were also instructed on Microsoft Word Basics.

Various library events were held during the year. A "Book Walk" was held during the Biboon Celebration. Every student who participated in the "Book Walk" received a free book. For "I Love to Read Month" held in February, a "Mystery Book of the Week Contest" was held for grades 4th - 6th. Each day a clue was posted on the library door. Students who submitted the correct title of the mystery book of the week were put into a drawing every Friday. The winner received a free book of their choice as the prize.

A Parent Resource Center has been updated with new resources on mind, body, and soul. Materials that can be checked out range from Guides to PTSD, Anxiety, Parenting Children with ADHD, Panic Disorder, and Temperament Tools.

Recently a state of the art picture hanging rail system with integrated LED lighting was installed in the library. The artwork of 1st and 2nd graders is currently on display in the elementary section while the addition of two historical photographs of "The Lake Vermilion Indian School," circa 1910, are on exhibit in the high school section of the library. Not only the faces; but also the silent voices of the children speak volumes of "The Boarding School Days" experienced by approximately 350 Fond du Lac children. These photographs tell the side of history for which many people are unaware. It was a time when the federal government removed children from their home on Tribal Reservations and sent them to far away boarding schools.

Reading Buddies", a program held every other Thursday in the library is a vital piece of the school's reading program. Elders become a reading buddy to a K-2nd grade student(s) to not only foster a love for reading but also improve their literacy. Please contact MaryAnn Blacketter at (218) 878-7297 if you would like to become part of our Reading Buddies Program for school year 2018-2019.

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Makazin

Written by Jerry Ojibwe

akazin game has been with our people forever...

"it was played on the banks of the St. Louis River during the logging era and they would play for their socks", this information shared by an

*Elder from Fond du Lac



Reservation before his passing on to everlasting happiness.

A quote from this research regarding Makazin; When Everybody Called Me Gah-bay-bi-nayss, "Forever-Flying-Bird": An Ethnographic Biography of Paul Peter Buffalo as told to Timothy G. Roufs University of Minnesota Duluth

"This moccasin game is quite a sport. It's quite a game. If you're interested there isn't much to it to learn. If you learn the points and just watch the game, it'll come natural to you. You'll understand the game when you look at it. It doesn't take you long to learn. You just sit there and look and look, and sit there and listen. You don't realize the time that's going by because you're listening to the guy that's singing. You'd see how rough a moccasin game is, if you could see one".

*Per teachings from the Elders of Fond du Lac (in the 1980s) and especially to the Elders of Mille Lacs for teaching makazin to myself. "Makazin is a man's healing game provided to Anishinaabeg long ago".

Miigwech to FDLOJS Afterschool program for offering this to the students of FDLOJS.

FDLOJS Prom

n May 12th, students gathered at the Ojibwe School for prom and a lock-in. The students started working in February to plan and fundraise for prom. It took the help of many staff at the school, Prevention Intervention (PI), and the RBC to make this happen.

Students had a homemade pasta dinner and got to dance the night away in the beautifully decorated commons. At 10 p.m., staff from the school and PI brought students to the gym for more fun – food, games, and prizes! Students stayed in the gym until 7 a.m., playing various games and having a good time hanging out with each other.

The students would like to say milgwech to everyone who helped put this event together. They had a blast!





Guidance Counselor By Vicki Oberstar Congratulations Seniors:

Congratulations to the recent Fond du Lac Ojibwe School graduates. Each of you has worked hard to earn your high school diploma. Each of you have created your own high school experience, some going to regular high school classes, some participating in college class to earn high school and college credit, and some participating with our Family and Child Education Program.

As you begin your new journey remember to draw from the strengths you learned about yourself in your junior year. Remember the Clifton Strengths Finder Assessment and Strengths Coaching we did as a group

Each of you has a packet that identifies what you are good at and how to use your strengths in different settings such as home, school, and work. Our hope for you is that you use your strengths as you venture on new paths. As you engage in new experiences remember to reflect on what you have learned from your high school experience. Learning comes from reflection of an experience and not the experience itself.

We hope you have acquired skills to help you through your next journey. But for now celebrate and enjoy your achievement, take a few minutes to enjoy the moment and feelings of success that you have earned a high school diploma!
Congratulations!

Four FDL Students Attend Close-Up Trip to Washington D.C.

Written by Nick Thornton

This month four Fond du Lac Ojibwe School students had the opportunity to travel to Washington D.C. as part of the Close-Up program, which is a program that brings students to D.C. to further their understanding of government and civic learning while getting to see all of the sights in Washington.

Eddie Defoe, James Friedman, Holden Blacketter, and Shawna Shabaiash were a part of a group of students from different parts of the country including Texas, South Dakota, Nebraska, Ohio, and Washington. The students were led by experienced program guides to all the sights as well as in activities like debates and a mock congress. The students also got to meet with office staff from Senator Amy Klobuchar and Senator Tina Smith's office as well as staff from Representative Rick Nolan's office. During these meetings the students discussed policy and asked questions regarding local and national issues.

Through the variety of experiences throughout the week in Washington the students gained valuable experience learning about D.C. and working with other students from various backgrounds to obtain a better understanding of their role in government and to become more informed citizens.

Gifted and Talented News

Boozho parents, guardians, students, and community members. My name is Sharon Belanger and I am the Gifted and Talented Coordinator for the Fond du Lac Ojibwe School. This year was the 24th year that I have had the honor of working for the Fond du Lac Ojibwe School.

During the 2017-2018 school year school staff continued participating in a pilot program designed to improve the identification and services provided for gifted and high potential learners in rural Minnesota.

This program, called Project North Star, is in its last year of a three-year federal grant that the Minnesota Department of Education received. Project North Star has provided the Fond du Lac Ojibwe School staff with free professional development created by nationally renowned experts. There are opportunities for teachers and administrators to attend a nationally recognized professional development conference this summer in Austin, Minn.

The Fond du Lac Ojibwe School received ongoing support for implementing and

sustaining effective services for high potential learners. Project North Star has been a wonderful opportunity for teachers and administrators to learn and practice how to provide high quality services to our gifted and high potential learners.

This year we have been utilizing a team approach to providing Gifted and Talented services. Nissa Benedict, Jill Goodreau, Jodie Lockling, Danielle Dupuis, and Julia Lintgen have been working on a variety of activities with our Gifted and Talented students this school year.

Students have been busy drumming, dancing, and singing at many powwows around the state. Students have been creating artistic pieces with stained glass, charcoal, pastels and acrylic paints. They have gone to the Science museum in the cities and participated in activities for "I Love to Read" month in February. Students participated in Text4Life training and assisted with numerous events/ activities including the Ziigwan and Biiboon celebrations.

The Gifted and Talented students at the Fond du Lac Ojibwe School have been involved in a wide variety of engaging activities this school year. These young people are our leaders of tomorrow and will carry on our traditions. If you would like further information regarding the Gifted and Talented program at the Fond du Lac Ojibwe

School please contact Sharon Belanger at (218) 878-7274 or sharonbelanger@fdlrez.com.

K - 12 Music Program at the Ojibwe School By Joshua Danderand,

FDLOJS Music Teacher

Boozhoo, Fond du Lac! My name is Joshua Danderand, and I have been working as the Ojibwe School's new music teacher since Jan. 22. When I started that Monday, my schedule was only 4th grade through high school but since Apr. 5, we added K-3 to my schedule and now the music program is offered to every student at our school! The students at this school are so musically talented and I am humbled to be able to share in their music making and offer new ideas and lessons to help grow their love for music.

Our K - 5 students are making music by learning basic notes and rhythms appropriate to each grade level. We play a wide variety of instruments such as maracas, triangles, rain sticks, tambourines, guiros, woodblocks, drums, and our favorite "Percussion Packs!" The students have learned many different songs that they are now able to sing, dance, and play to the beat on any of their instruments! The 6th graders get a mix of the same lessons that the K - 5 students receive, but they also get to play ukuleles and sing longer, more complex songs. These

talented 6th graders will be part of the performance our school is putting on later this month that I will talk about later in this article. The band name that they have given themselves is "Migizi."

The 7th and 8th grade students get to choose music as an elective like art and gym. The students that have signed up for music this semester have shown impressive growth in their abilities and confidence! We have been learning basic music theory, such as note duration, pitches on the staff, music symbols and notation, and ear training. We have applied what we learned in these lessons on to drums and have now created our very own drum line group that the students named "Noondaagwad." They are a loud, confident, and impressive group and I am so proud of what they have been able to achieve in this short amount of time!

Our high school music class is also an elective. When we began the program these students didn't know about me at all, they signed up purely because they wanted to be in music. I have never been so impressed by a group of young people. Their drive and determination to learn hasn't swayed from the 1st day I arrived. We started by learning basic music theory concepts and have now progressed up to some advanced theory such

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Quiz Bowl participants 2017/2018

Quiz Bowl

Te completed our year with two competitions. We took third place at the Nayaashing competition and were unable to place at our final competition held at the Fond du Lac Tribal College. The coaches are proud of all of the following students for the time they spent studying and the determination they showed at each of the competitions: Eddie DeFoe, Jacob Reynolds, DaQuawn McCray, John Tiessen, James Friedman, Keith DeFoe, Michael Sayers, Nicholas Stapleton, MaryJane Eagle, Devin Bosto, Ziigwan Lees, Madilynn Martin, Richard Hearle, Opichi Petite, and Margaret Sumner.

We are graduating four of our quiz bowl students this year and the knowledge they take with them will be missed. Congratulations Eddie, Jacob, DaQuawn and John. The coaches are excited for next year's competitions to begin and would like to invite students to join. Students must be in grades 5-12. If you are interested in joining Ojibwe Quiz Bowl next year please contact Jodie Lockling, Shirley Molstad, Alex Gokee, or Julia Lintgen.

Science Happenings

n Apr. 17, the 9th grade physical science class tested what they had learned about reflection and refraction of light by building DIY hologram. A hologram is a 3D image of an object that is created by using light. By using science skills, creativity, some plastic take-out containers, and even some math, the students constructed a reflective structure. Then students were, for the one time in the entire school year, allowed to use their phones in class in order to find a hologram specific video on YouTube. When viewed in full screen and with the structure centered on the screen, you can see a hologram. The picture you see here was taken from the internet, but the students had a lot of success in producing a hologram.

Here is a list of the topics seen at the Science Fair May 18:

- What beverages are most effective at attracting insects?
- How does salinity affect the survival rate of gold fish?
- What is the importance of calcium for bones?
- What ingredient (borax or glue) is most important in making a less sticky, stretchier slime?
- What foods can produce enough ions to light a small light bulb?

- What force and how many rubber bands are needed to launch a ball 12 feet?
- Does the swing of a pendulum take longer for an object of greater mass?
- Does the temperature of water change surface tension?
- What substance would make the polymer, slime, stretch the furthest?
- What beverages are the best electrolytes?
- Does the amount of boiling water in a pop can change the reduction of air pressure and a more crushed can when put in ice water?
- What types of beverages are acidic and how do they affect teeth?
- How can idling cars be harmful to human lungs?
- How does color change a person's perception of taste?
- Does age affect reaction time?
- Does being dehydrated affect a person's games?
- What type of soil will worms survive best in?
- What affect does acidity have on basil?
- Do gamers have better hand-eye coordination than non-gamers?
- What type of soil will squash grow best in?
- How does the amount of light affect mushroom growth?



continued from page 19

as dotted notes, tied notes, and triple meter measures. Not only have they progressed with their classroom work, but their instrument playing has become so locked in that they will be performing 2 songs at this upcoming performance. They named their group "Ogichidaa" and they consist of 1 lead singer (also on drum and shakers), 2 backup singers (also on guitars, tambourine, and woodblock), 4 more guitar players (each also playing their own percussion instrument), 1 bass guitar player (also plays rain stick), and 1 drum set player! These incredibly talented students practice 5 days a week during 1st period. They started practicing on their individual instruments alone in separate areas of the music room and have now come together as an ensemble and have an undeniable chemistry! These students performed live, on May 24 on the stage at the Ojibwe School. This performance was open to the public as well as the whole school. The 6th grade group performed "Peace Round" on percussion packs and sang, then "Flying with the Eagle" as a choir. Their group was followed by the 7th and 8th grade drum line performing "The F.U.N. Song" from SpongeBob SquarePants and "Believer" by Imagine Dragons. The concert will conclude with our high school group performing covers of "Feel Good, Inc." by The

Gorillaz, and "7 Nation Army" by the White Stripes. We hope you enjoyed what these young musicians have been able to accomplish this semester!

KinderCamp 2018

Boozhoo! We are excited to announce KinderCamp! KinderCamp will be offered Monday through Thursday from July 30th to August **16th, 2018.** We will provide lunch and transportation for students. If you are interested in sending your child to summer school please fill out the form and return it to OJS. Our goal is to support students in reading, math, and the Ojibwe language with fun activities during the summer months.

To attend KinderCamp, the 2018-2019 OJS Enrollment forms must be completed and on file in the school office.

For more information contact Valerie Tanner, Assistant Principal at (218) 878-7261.

Niibin Gikinoo'amaade Wigamig summer school

Boozhoo! We are excited to announce summer school! Summer school will be offered Monday, Tuesday, and Wednesday from 9:30 a.m. to 12:30 p.m. Our goal is to support students in reading, math, and the Ojibwe language during the summer months.

We will provide lunch and transportation for students. We

will not have Summer School the week of July 4th. If you are interested in sending your child to summer school please fill out the form.

Summer School dates: June 18th – August 15th, 2018.
There will be NO Summer School July 2 – July 6, 2018.

If you are interested in Day Camp, all paperwork must be turned in and verified by Prevention Intervention

Department. Students not verified as having paperwork turned in will be brought to their home address.

For more information contact Valerie Tanner, Assistant Principal at (218) 878-7261.

FDLOJS Sports By Earl Otis

Cross Country had its 2nd season which was a great success. The student athletes improved throughout the season, worked hard and most importantly, they had fun and are looking forward to next year.

In volleyball the girls had a good season with a record of 2-14. With only two 10th graders and the rest are all 7th and 8th graders, next year's team will still be a young squad. Volleyball will be starting practice the end of August.

The girls' basketball season went well with a record of 6-13. With only four

12th graders, and the rest underclassmen, they will be a very young team. We are looking for good things to come next year. The varsity team will be playing in summer league this summer.

For boys' basketball, which also had a young team with two 12th graders, seven 11th graders, five 10th graders, two 9th graders and three 7th graders, their 9-14 record did not reflect how hard they worked. The upcoming years

are looking good. The boys' basketball will be in two summer leagues this summer.

The 2nd season of track and field has been a great success. With the student athletic participating in a variety of events; long jump, shot put, discus, sprints, relays, and distance races

News from FDL Head Start

e have been very busy at Head Start and Early Head Start! Children who will be going to kindergarten and EHS children who will be moving up to Head Start in the fall have been practicing transition activities. Early Head Start children practiced riding the bus and also visited the Head Start classroom they will be in this fall. Head Start children participated in "Transition Lunch". The gym was set up in a cafeteria and the children used cafeteria trays to move through a lunch line just like they will in kindergarten.

Our mini-Powwow was at the end of April. Many families and community members attended this popular event.

Thanks go to our Kiwanis Readers. The local Kiwanis Club visits Head Start three times each year. They read stories in the classrooms and each child goes home with a new book. We love the visits and the books!

There's always something happening at FDL Head Start Programs. If you have a child age 0-5, check us out! We accept applications for our programs all year.





Ashi-niswi giizisoog (Thirteen Moons)

Ode-imini-giizis

The new Ode-imini-gizis, the Strawberry Moon begins June 13. Other names for this moon are Gitigegizis, Gardening moon; and Waawano-gizis, Flowering Moon.

Fond du Lac Phenology and iNaturalist – You can be involved!



Marcia Kitto with Wild Leeks by Shannon Kesner

By Shannon Judd.

FDL Resource Management Environmental Educator

iigwan (Spring) is here and the outdoors are full of life! It is a great time to get out and look at all of the happenings, whether it is right outside your door, in a wetland or out

in the woods.

Phenology is the study of the timing of natural events—observing and recording the dates of significant moments in nature, such as when migrating birds return, lakes freeze and thaw, flowers bloom, sap begins flowing, wild rice ripens, etc.

Phenology not only helps us understand the interaction between wildlife, plants, and the surrounding environment, it can help identify any significant

changes that occur over time and help assess the impacts of climate change and other factors.

Using the program iNaturalist, Fond du Lac Resource Management Division has created a "project" so that your observations can be included and we can compare the timing from year to year. Just take a photo of something or record its sound, and upload your observation. You can either do this on your

computer at www.inaturalist.org, or download the free app.

iNaturalist is also a great way to learn plants, animals, calls, animal tracks, and scat. If you do not know what it is you are seeing or hearing, iNaturalist will help you identify it! It is a great way for you to keep track of plants and animals you see or see

> signs of over the years. How do you get started? 1) Sign up for an iNaturalist account: Go onto www. inaturalist.org on your desktop or download the free iNaturalist app onto your phone. Create your login.

2) Under Projects, search "2018 FdL Resource Management Division" project to keep track of observations year-round. Click "Join Project."

3) At the main page, click the + Add Observations tab on the right side to up-

load your photos and recordings.

4) Under details, you have the option to enter the species or it will come up with suggestions if you are unsure. You can make the location public or private. To add to our project, go to projects and select our project.

We hope you join us in tracking all of the wonderful happenings out in nature! Please contact Shannon Judd at shannonjudd@fdlrez.com or (218) 878-7123 with questions.

Sign up to the 13 Moons listserv for the latest information on workshops and events by emailing thirteenmoons@fdlrez.com

Don't forget to check us out on Facebook! 13 Moons Ashi niswi giizisoog

This page addresses culture, ecology, and natural resource management. Thirteen Moons is the Fond du Lac Tribal College Extension Program and is a collaboration of Fond du Lac Tribal and Community College, Fond du Lac Resource Management, funded by the USDA-National Institute of Food and Agriculture.

Wild Ginger by Shannon Kesner

Ashi-niswi giizisoog Ojibwemowin Page

Anishinaabemowin Lessons

Basic Ojibwe words and phrases:

Double Vowel Chart

This is how to pronounce Ojibwe words. All consonants sound the same as in English.

"Zh"- sounds like the "su" in measure

"a"- sounds like the "u" in sun

"aa"- sounds like the "a" in father

"i"- sounds like the "i" in sit

"ii"- sounds like the "ee" in feet

"o"- sounds like the "o" in go

"oo"- sounds like the "oo" in food

"e"- sounds like the "ay" in stay

Sentences

I like the taste of apple cider. Niminopidaan iwe mishiiminaaboo. Those flowers you brought me smell good," the woman told her husband.

"Gichi-minomaagwadoon ini waabigwaniin gaa-piidamawiyin," odinaan iniw onaabeman a'a ikwe.

I put honey in tea. Aamoo-ziinzibaakwad nindagonaan imaa nitiing. Don't get friendly with the bear. He's too dangerous. Gego beshwaji'aaken awe makwa; onzaam naniizaanizi.

Does that taste sweet? Wiishkobipogwad ina iwe.

Credit the Sentences and Puzzle http://ojibwe.lib.umn.edu/

Ashi-niswi giizisoog BIGADA'WAA WORD SEARCH

Find the Ojibwe words in the puzzle below

М	Z	D	S	Z	Т	Z	F	L	Y	В	W	E	I	F	L	S	М	U	U
N	Α	N	E		Т									Р	Ε	W	0	С	0
V	N	S	Μ	Т	U	D	N	Μ	D	K	I	С	W	0	J	0	0	U	K
Μ	0	Α	Н	V	I	F	G	Т	Α	R	N	С	Y	N	R	J	S	L	\mathbf{T}
R	С	Н	N	K	Μ	В	M	Α	Α	S	Α	Μ	0	W	I	N	E	С	Н
Q	В	W	S	Α	0	Μ	I	Μ	V	J	Α	0	Α	J	Z	I	K	W	Х
S	Α	S	Z	D	G	S	В	S	Z	E	G	Z	Т	L	Μ	M	Α	D	J
R	Р	Р	0	L	L	I	I	V	E	Α	Α	Χ	0	Z	M	0	Α	Α	R
Μ	В	V	Р	V	R	В	N	M	В	G	Μ	\mathbf{T}	F	Η	Z	Μ	I	Α	T
I	N	I	N	I	W	\mathbf{E}	G	I	Η	С	I	N	I	I	В	Α	J	Α	M
0	L	Χ	K	N	E	Η	K	V	В	Y	N	N	I	D	Χ	Α	Α	Y	D
С	R	Y	N	J	Z	S	\mathbf{T}	M	Α	Ε	Z	G	С	Α	Η	N	Α	F	K
K	J	М	G	Z	Α	Α	G	I	J	I	M	Ε	В	I	N	I	N	F	Н
С	V	Р	В	Α	D	V	G	G	G	Α	Ρ	G	С	S	I	N	Α	Η	I
I	M	Q	G	R	М	F	Р	Y	N	G	G	Р	I	U	I	I	M	I	${f T}$
G	Α	Y	Η	N	I	I	S	Ε	M	Α	R	M	G	I	L	I	Η	F	R
Y	G	0	\mathbf{T}	V	M	Η	V	U	Ρ	М	N	K	V	S	Z	M	S	K	Н
M	V	Μ	R	Α	S	Z	Η	В	Α	D	S	N	V	N	М	\mathbf{T}	I	V	Μ
V	Z	Η	V	Т	0	Α	U	M	N	N	F	Y	N	Т	Y	R	N	M	Q
S	F	U	G	Y	Т	D	Z	X	M	A	D	K	Q	С	Р	E	В	U	Y

Detibisegin tires
Ziigwam spring
Wiinaagamin water pollution
Wiininaamowinair pollution
Ziigwebiniganan trash
Awasiinhyagwildlife
Moosekaa worms
Mashkosiw
grass, hay, a blade of grass
Gaaskibagoon dried leaves
Nishwanaaji waste, spoil, destroy
Biinichigewininicleaner
Waasamowinelectricity

Zaaqijiwebinthrow outside

Ashi-niswi giizisoog (Thirteen Moons)







Marsh Marigolds by Shannon Judd

FDL We Are Water MN by Shannon Kesner

Fiddleheads by Shannon Kesner

Fond du Lac Band of Lake Superior Chippewa is hosting We Are Water MN

By FDL Resource Management Staff

¬ond du Lac will be hosting We Are Water MN March 10-April 22, 2019 at the Great Lakes Aquarium. We're looking forward to sharing stories from Fond du Lac members, inviting our neighbors to learn more about the Band's efforts to preserve and protect water, and building relationships in and around our community that will last as we all work together to protect and restore the waters of the Reservation for generations to come.

During this time we will:

- 1. Host an exhibit that shares local and statewide information about water.
- 2. Have community events that build people's relationships with water and each other.
- 3. Collect water stories from visitors to the exhibit.

We Are Water MN

We Are Water MN is a

partnership formed to tell Minnesota's water stories collaboratively, bringing together personal narratives, historical materials, and scientific information. Combining these ways of knowing water strengthens Minnesotans' relationships with and responsibilities to water. The We Are Water MN partners are the Minnesota Humanities Center, the Minnesota Pollution Control Agency, the Minnesota Historical Society, the Minnesota Department of

Health, the Minnesota Department of Agriculture, and the Minnesota Department of Natural Resources.

Get Involved

Hosting We Are Water MN is a way for Fond du Lac Resource Management to partner with the whole community to learn from you about why water is important in your life. We are hoping to work together with people who would like to:

- 1. Share their water stories
- 2. Share their water knowledge

- so it can be featured in the exhibit
- 3. Plan and host community events with us
- 4. Attend the exhibit and the community events.

For more information please contact Nancy Schuldt, Nikki Crowe, Shannon Judd, Cristina Weske, or Kelsey Wenner at (218) 878-7101.

Health News

Foodborne illness

By Kara Stoneburner, RDLD,Public Health Dietitian

T's hard to miss. It's been all over the news, "Multistate outbreak of E.coli from romaine lettuce..." A nationwide foodborne illness is scary! Commonly asked questions include: How could this happen? Should I stop eating romaine lettuce? Should I stop eating all lettuce? What about other foods?

The Minnesota Department of Health and the Centers for Disease Control and Prevention are saying: "Romaine lettuce is no longer being produced and distributed from the Yuma growing region." (The Yuma growing region is where the CDC suspects the contaminated lettuce came from, but they are still investigating.) They are recommending consumers "Do not buy or eat any romaine lettuce from the Yuma region. If you cannot determine where it is from, don't eat it. This includes whole heads, hearts, mixed salads, prepared salads, and bag salads.

Practice safe food handling and preparation measures. People who think they might have symptoms of an E.coli infection should consult their health care provider.

How can this happen? Foodborne illnesses can happen for a variety of reasons. It could be how the food was grown, how it is processed and packed, how it is shipped, how it is prepared or how it was stored, just to give examples. This is what makes it difficult to determine the exact food culprit and at what stage the

contamination happened.

Foodborne illnesses are usually the result of one or more of the following four things

- 1. Bacteria and viruses are the most common
- 2. Parasites (think tapeworms or roundworms)
- 3. Molds, toxins, and contaminates
- 4. Allergens.

Infants, young children, pregnant women and their unborn babies, older adults, and people with a weakened immune system (AIDS/HIV, cancer, kidney disease, etc.) are at a higher risk to develop a foodborne illness.

Signs and symptoms of food poisoning vary and there is no timeframe. Common symptoms include diarrhea, vomiting, abdominal cramps, nausea, fatigue, fever, and muscle aches. Timeframes can vary from quickly (allergic reactions) to weeks later. Because of this, it is important to know how you can protect yourself and your loved ones. Check out the following tips from USDA.

- Clean: clean your hands properly, clean surfaces including cutting boards, refrigerators, utensils, fruits, and vegetables
- Separate: keep your cold foods cold (less than 40°F) and your hot foods hot (hotter than 140°F). Thaw out food appropriately. Put meats, on a tray, on the bottom shelf so the raw juices don't drip on other foods
- **Cook**: Cook food to the proper temperatures and the

appropriate length of time. Use a cooking thermometer for accuracy

- Chill: refrigerate leftovers promptly. Food left out longer than 2 hours may not be safe to eat (one hour when the temperature is above 90°F). Be especially careful during the summer months and at holidays when the risk for foodborne illnesses peak
- When in doubt, throw it out. If you suspect a foodborne illness, USDA recommends you preserve the evidence by wrapping in a baggie, labelling with the word DANGER, and freezing it and any packaging it came in. Seek treatment as necessary, especially if you are in the high-risk categories. Call the local health department if it was served at a large gathering, a restaurant, or it is a commercial product.

If you would like more information on foodborne illnesses, how to protect yourself or temperatures and storage recommendations for foods, access the CDC website (https://www.cdc.gov/), MDH website (www.health.state.mn.us/) or the USDA website (https://www.usda.gov/) for great information. Additional resources include your health care provider, dietitians and the local health department.

Sources include CDC, MDH, USDA Academy of Nutrition and Dietetics

June is National Cancer Survivor Month

By Denise Houle.

Cancer outreach worker

person who has been diagnosed with cancer begins their journey of cancer survivorship at the very moment of diagnosis. There are many questions to ask and answers to find. It can be a very long road for the person diagnosed with cancer as well as their families which is why it is very important to work closely with your healthcare team.

Resources available to assist you and your family in the cancer survivorship journey:

- Fond du Lac Primary Healthcare Team (218) 879-1227
- Fond du Lac Medical Social Workers (218) 879-1227
- Mayo Native Cancer Programs (507) 284-2511
 - Native Circle (877) 372-1617
 - Spirit of Eagles (507) 266-3064
- Cancer Resource Center-Essentia Health-Duluth (218) 786-3581
- St. Luke's Cancer Center–Duluth (218) 249-5489
- Cancer Legal Care (New Name) (651) 917-9000
- American Cancer Society (800) 227-2345

Always remember to consult your Healthcare provider with any questions or concerns

Health News

Men's Health Supper features four speakers

■he 2018 Men's Health Supper was held on April 26 at the Cloquet Community Center's ENP. There were a total of 75 attendees. There were four speakers for the evening: Samuel Moose, Director of Human Services talked about the possible vision for the future of the Human Services Division, what the medical clinic has available for colorectal & lung cancer screenings, along with other programs that are available throughout the HSD. Jeff Savage spoke about some of the traditions and how they started; Everett LaFromboise spoke about addiction - how it has taken over lives as well as his journey growing up which helped him to become the man he is today; and finally John Diver spoke about Natives Against Heroin and shared the story of his addiction, struggles and how he became part of this important

community group.

There were vendors from the American Indian Cancer Foundation (AICAF), American Cancer Society (ACS). St. Croix Hospice, Anytime Fitness, as well as various programs from the FDL HSD such as: Tobacco Prevention. Statewide Health Improvement Project, Caregivers Program and the Medical Department offered blood sugar screenings and colorectal cancer screening information and had a partial inflatable colon present for hand-on viewing. There was also education on men's general health and healthy relationships.

It was a full evening of valuable health information and great food which ended with drawings for different prizes ranging from tools, camping gear, fishing gear, jumper cables, gift cards, Fitbit and reflective vests, and a beautifully made set of ricing knock-

ers and ricing pole (made and donated by Mike Savage). Prizes were donated by the Statewide Health Improvement Partnership (Nutrition & Tobacco cessation), MNAW clinic, Clearway & Cancer programs.

Thank you to the planning committee for all of your hard work to help make this another successful event: Joe Woehrle, Naomi Defoe, Corrine Langevin, Rita Aspinwall, Dustin Blacketter, Everett LaFromboise, Mike Savage, Jackson Ripley, Bradley Bishop, and Brandon Grund.

Also a big thank you to the Black Bear Casino Banquet department for the wonderful turkey dinner!

On behalf of the Men's Health Planning Committee, we look forward to seeing everyone again at the next Men's Health Supper in 2019!

Purchased Referred Care (PRC) Process



Referrals

- If you receive a referral from a Fond du Lac provider, you must notify PRC staff who will:
 - · Verify your eligibility for PRC.
 - Verify that the referred service is a covered PRC service.
 - · Verify insurance coverage with you.
- Remember to alert PRC if you have any follow up appointments as a result of this referral.

· Emergency Room Visits

- If you or a family member needs to go to the ER, call (218) 879-1227 to talk with the Acute Care Nurse (during business hours) or the on-call physician (after hours).
- . Life threatening situations do not need to be called in prior to the visit.
- Contact PRC within 72 hours of your visit.

All statements or bills related to the referral or ER visit must be turned into PRC.

Failure to comply could result in denial of payment.

By federal law, PRC is a payer of last resort therefore patients must apply for all other alternative payment resources that may be available to them including state and federal health care programs.

Please contact the PRC office with any questions you may have at (218) 879-1227 x3733.



Must meet program eligibility requirements.
Fond du Lac Human Services Division | Administrative Services Department

Oatmeal on the run

Ingredients

2 eggs 1/4 canola oil 3/4 cup packed brown sugar 1/2 cup applesauce 1 1/2 cups skim milk 2 tsp. vanilla extract 1/2 tsp. salt

1 tbsp. ground cinnamon

3 cups old fashion rolled oats 2 tsp. baking powder Optional: your favorite toppings, fruit, nuts, chocolate chips, etc.

Instructions

1. Preheat oven to 350 degrees. Line a muffin tin

- with paper or paper/foil muffin liners.
- In a large bowl, whisk eggs, oil, and brown sugar until sugar is dissolved.
 Add the applesauce, milk, vanilla, salt, and cinnamon.
 Whisk until well combined.
 Stir in the oats and baking

powder.

- 3. Fill the muffin tin with 1/4 cup of the oat mixture in each muffin cup. Add your favorite toppings. Push the toppings down into the oat mixture with a spoon.
- 4. Bake for 30 mins. Let them cool for 5 minutes before

eating. Store in an airtight container or freeze in a zip top storage bag.

Health News

Healthy Eating when you don't have time

Submitted by Barb Heikkila, Registered Dietitian at Fond du Lac Human Services

ur nutritional status can get the back seat to the business of the week. When you are busy, you are more apt to find yourself at mealtime with nothing planned. The immediate need to eat may cause you to grab whatever is available, fast, and cheap.

Don't let a busy day keep you from eating healthy food. With a little planning, you can make meals that are good for you and won't take a bite out of your wallet. Here are some pointers that may help.

Avoid the fast food trap

- Many fast foods are high in salt, fat, and sugar
- Supersized portions pile on the calories.
- This can lead to health prob-

lems, such as weight gain, high blood pressure, heart disease, and type II diabetes.

Healthy meals do not have to take time

- Use prewashed veggies and salad greens to quickly grab as a snack or pack in a lunch
- Try frozen fruits and vegetables
- Cook grains like brown rice, whole wheat pasta, oatmeal or quinoa ahead to store in refrigerator or freezer
- A microwave is good for quick defrosting or heating.

Build on precooked basis

- Start with store bought grilled chicken, turkey meatballs, canned tuna, or chicken
- Add them to pasta or top them with rice
- Add a salad and is served.

To save time and money, plan a weekly menu

• Make tacos on Tuesday or pasta every Friday

- Shop once a week for ingredients you need
- When hunger strikes, you'll be ready.

Cook in large batches when you can

- Once a week, make a large pot of soup, stew, or chili
- Double recipes and freeze some for future meals
- Throw a few ingredients in a crockpot in the morning.
 When you get home, dinner is waiting.

Serve no-cook breakfasts

- Try whole grain, low sugar cereal with fruit or peanut butter on a banana
- Make a smoothie with juice, yogurt, and frozen fruit
- Spread low-fat cream cheese on a whole-grain toaster waffle. Top with fruit.

Pack healthy lunches the night before

- Use up your leftovers
- Instead of bread, try rice

cakes, pita, or tortillas with peanut butter, almond butter, hummus, or tahini.

Find healthy places to eat on the go

- Many grocery stores have ready to eat options; pick those baked, not fried items or try their soup or salad bar.
- Give kids choices with build your own sandwich, pizza, or burrito

Keep health snacks handy

• Place dried fruit, nuts, or whole grain crackers in

single-serve containers

- Leave apples, peaches, and other hand fruits on the counter
- Keep cut carrots and other veggies at eye level in the fridge

Carry water

- Avoid the urge to buy sugary drinks, soda or coffee, on the run
- Carry a reusable bottle filled with water.

Totally Terrific Toppers on Cucumber Chips

Ingredients

1 (5oz) can light tuna or chicken breast in water, drained
3 Tablespoons light mayon-

1/2 teaspoon onion powder1 small cucumber, unpeeled

8 raisins (if you want)

Directions

Open can of tuna or chicken with a can opener.

 Scoop out tuna or chicken with a fork into a small bowl.
 Plunk the measured mayonnaise and onion powder on top of the tuna or chicken. Jumble it all together with the fork.

- 4. Lay the cucumber down on a cutting board. With the cutting knife, slice 8 circles, about 1/4 inch thick, from the cucumber.
- 5. Pack the tuna or chicken salad in a small, sealed container, the sliced cucumber circles in a plastic bad and the raisins in another plastic bag.
- 6. When ready, spoon one tablespoon of salad on top of each cucumber chip and add

raisins if you chose to.

This material was funded by USDA's Supplemental Nutrition Assistance Program.

The Supplemental Nutrition Assistance Program provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, contact Fond du Lac Community Health Services' Nutrition Education Assistant @ 218-878-3764.



FDL Law Enforcement news

The following is a summary of about one month of select police reports

- Apr. 1 Traffic stop on University Rd/Moorhead Rd, driver warned for speeding
- Apr. 2 While at the FDLGG two males walked up and asked for a ride home because of vehicle problems and left it at Carmen's, provided a ride home
- Apr. 3 Report of two people fighting at the main door of the Black Bear Casino and Resort (BBCR), nothing physical, while en route officers were cancelled by Black Bear staff.
- Apr. 4 Traffic stop on Jarvi Rd/ Reservation Rd, driver was warned for distracted driving
- Apr. 5 Traffic stop on Maple Dr/ Cary Rd, driver warned for broken headlight
- Apr. 6 Traffic stop on Big Lake Rd/ Pinewood Dr driver was advised for driving conduct, driver stated he had hit some ice
- Apr. 7 Report of counterfeit money at the BBCR, the \$10 bill was confiscated and logged into evidence
- Apr. 8 Traffic stop on Brevator Rd/ Jarvi Rd, driver was warned for speeding
- Apr. 9 Conducted school patrol at the FDL Ojibway School (FDLOJS), greeted children as they arrived, no issues
- Apr. 10 Report of an injured deer in the ditch, unfortunately it had to be dispatched as it was severely injured
- Apr. 11 Report of damage to property, after interviewing the reporting party and issuing a citation to the suspect the reporting party decided they didn't want anything done just wanted the individual removed from the property so the suspect was given a ride to another residence and released
- Apr. 12 Officers received a report of a vehicle in the ditch, when they arrived the vehicle had already been pulled out of the ditch and there was only slight damage to a mailbox, the vehicle and driver

- were both fine
- Apr. 13 Report of an individual with a weapon, when officers arrived the individual ran from officers, when apprehended the individual was arrested and charged with fleeing on foot, disorderly conduct, and obstruction without force
- Apr. 14 Report of an individual overdosing, when officers arrived they administered one dose of Narcan on scene and then the patient was transported to the hospital for further evaluation; after the patient was released from the hospital they were taken into custody for their
- Apr. 15 Report of an individual threatening to commit suicide, the individual was located and admitted to feeling suicidal, they were transported to the hospital for further evaluation
- Apr. 16 Report of a motor vehicle accident, a plow truck driver backed into another vehicle that was entering the property, minor damage done to both vehicles, no reports of injury
- Apr. 17 Report of an individual going to a residence and asking for assistance and when the home owner turned their back the individual was gone with some personal papers
- Apr. 18 Report of a garage fire, officers ensured no one was in there and then provided traffic control for the fire department
- Apr. 19 Report of an individual being chased by a neighbor's dog, the individual fell and injured their head trying to get away from the dog; the dog's owner was advised of the incident and told to keep the dog chained up or they would be cited
- Apr. 20 Report of vehicles being vandalized at a residence, no suspects at this time
- Apr. 21 Report of two vehicles sliding together on the ice in the ramp

- at BBCR, no injuries reported as there was no one in the vehicles at the time of the accident
- Apr. 22 Officers received a call regarding needles being found on the side of the road, the needles were retrieved from the reporting party and disposed of properly
- Apr. 23 Report of shot being heard, upon investigation the officer's located spent shell casings and a target with holes in it but no firearm was located and no one claimed responsibility
- Apr. 24 Officers received a call of an unwanted individual on their property, the individual was informed that they had to leave and they complied
- Apr. 25 Individual located at the FDLGG who is trespassed from the Reservation, the individual was issued a citation for trespassing
- Apr. 26 Report of an individual missing, officers located them in the woods across from the residence; the individual stated they didn't feel right so they were transported to the hospital for evaluation
- Apr. 27 Officers were informed of threats being made towards law enforcement via Facebook, appropriate action was taken to ensure officers were aware of the threat
- Apr. 28 Report of two small dogs being located, individual was advised to contact animal shelter to find out if they could drop them off
- Apr. 29 Report of someone throwing something through their window, the individual was located and arrested for damage to property
- Apr. 30 Officers received a call from an individual wanting to know how they could get their belongings back from someone, the individual was advised that unless the person willingly gave the property back they would have to take them to civil court to get their items.

Legal notice

The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the Band member, or his/her heirs, if the Band member is deceased, contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at 1-800-365-1613, to assist the Band in distributing the trust monies. Unless a personal data form or heirship application has been filed with this office within one year of this notice, the identified funds will revert back to the Fond du Lac Band. *The one year period commences with the first publication.

BAND MEMBERS WITH UNCLAIMED PER CAPITA ACCOUNTS:

AITKIN, James

ANKERSTROM, Arthur

BARNEY, Bradley Sr

BARTEN, Charles

CICHY, Gerard

CICHY, Leslie

DEFOE, Richard

ERNST, Julia

FARRELL, Margo

HANSON, Jeffrey

KITSON, Patricia

KUCHERA (DAHLBERG), Lucinda

LAFAVE, Harry

LAFAVE, Kenneth

LAPRAIRIE, Robert

MARZINSKE, Larry

PEACOCK, Thomas B.

SAVAGE, Mark

SAVAGE, Torrence

SHABAIASH, Rodney

SOULIER, Gary

TEAL, Tammie

Changes to the school clothing assistance program

To receive a school clothing check, a child, parent, or guardian must send in a Fond du Lac Minor Personal Data Form to the Payroll Services Department prior to July 1 for each year that a school clothing check is requested indicating that their child is an Enrolled Band member who is enrolled in an accredited school or educational institution.

Personal Data Forms will be sent to the last address on file for each minor member ages 3-18 in early June. Forms must be complete with valid contact information for the parent or guardian. Forms must also be accompanied by documentation of enrollment in a head start or kindergarten program for children ages 3-5 as of September 1st and in high school or an accredited alternative high school program for ages 16-18 as of September 1.

Checks for school clothing assistance will be issued the beginning of August for the 2018-2019 school year only once a completed Minor Personal Data Form has been returned to the Payroll Services Department. The amount of assistance is based in the child's age as of Sept. 1, 2018: 3-6 years of age will receive \$275, 7-12 years of age will receive \$325, and 13-18 years of age will receive \$375.

If your child does not receive a Minor Personal Data Form, please contact Vanessa Durfee at (218) 878-7496 or Anja Wiesen at (218) 878-2675. Checks will be issued directly to each child, so please make sure that their mailing address is correct on the Minor Personal Data Form.

Nagaajiwanaang Genawendangig Anishinaabemowin 2018 Language Program News Submitted by Janis Fairbanks, Anishinaabemowin Coordinator June 2018

So much can change in a very short time. I recently introduced Andrew J. Gokee as the newest addition to our language program staff. This month, I have to report that Andrew began his journey on April 22, much to the sad dismay of his co-workers and folks at Fond du Lac who were just beginning to get to know him and his wonderful work. He will be sadly missed by all of us.

Work Andy did on a grant application was used as the basis for a grant application that was submitted on time on April 27. We hope to carry out some of the ideas Andy had a hand in to produce language CD's in the coming year

On April 30, 2017, a young man came on board with the FDL language program. Zackarion LaRonge was the first graduate of Waadookodaading Immersion School in Hayward, Wisc., having attended school there for seven years. He gained the full Ojibwe immersion environment from pre-school

forward, and brings to the program a strong language background, self-motivation in the language arena, and a "can-do" attitude that is sure to be an asset to the program. Welcome aboard, Zack.

Don't forget the end of the month celebration in June of Fond du Lac Enrollee's Davs. There are exciting events planned, among them the FDL Language Program's PowerPoint presentation on plants and medicines. It will be shown the evening of June 22, 2018 starting at 7 p.m. near the Tribal administration building. Four knowledgeable experts will join us as we show their presentations, and will be on hand to meet with you and answer any questions you may have on their work. They are Ralph Fairbanks, Vern Northrup, Tashia Hart, and Noela T. Martell Segura.

Anishinaabemowin
Coordinator Janis Fairbanks
and Language and Curriculum
Specialist Zackarion LaRonge
will welcome Fond du Lac
Enrollee's to the big tent
set up at the far end of the
football field next to the Tribal
administration building.
Join us for an evening of
information and an ice cream
snack. We look forward to
seeing you there!

We also hope you will attend the 10th Anniversary Celebration of the Kiwenz Ojibwe Immersion Language Camp, scheduled for June 13 – 17, which will be held at Kiwenz Campgrounds in Sawyer on the shores of beautiful Big Lake.

Our goal is to keep the Oiibwe language at the forefront of everyone's mind. We are grateful for the opportunity to share our work with the larger language revitalization and preservation language groups whenever we can. Our application to share the work we did on the "See and Say" Ojibwe Immersion Video Project, completed in June 2017, was accepted for presentation at the 25th Annual Stabilizing Indigenous Languages Symposium. A panel of three, Janis Fairbanks, Ricky W. DeFoe, and Margaret

Noodin will present on June 9, 2018 at the University of Lethbridge, Lethbridge, Alberta.

Ode'imini-Giizis is a great month for Anishinaabemowin! Ouestions or comments.

Questions or comments, please contact me at janisfairbanks@fdlrez.com

Summer Food Service Program

Fond du Lac is participating in the Summer Food Service Program (SFSP). Meals will be provided to all Enrolled children without charge and are the same for all children



2018 Gitigaan Plant Give Away June 2nd, 2018 8:00 a.m.

Plant Packaging June 1, 2018 Natural Resource Garage Staring at 9:00 a.m.

Plant Give Away
June 2, 2018 Natural Resource Garage
8:00 a.m. to Noon.

Plants will be given to all Gitigaan Members and Fond du Lac Community Members on first come first serve basis.

Tribal ID required at pickup.

Greenhouse Plant Sale June 2, 2018

8:00 a.m.- Noon

Everyone Welcome

If anyone is interested in helping package plants please contact Jamie Adams at 878-2631 or Jamie-Adams@fdlrez.com

regardless of race, color, national origin, sex, age, or disability, and there will be no discrimination in the course of the meal service. Meals will be provided, on a first come, first serve basis, at the following sites, times, and dates/days during the summer: Fond du Lac Ojibwe School 49 University Rd Cloquet, Mn. 55720 June 18th, 2018 through August 16th , 2018 Monday – Thursday Lunch 11:30 am - 1:00 pm For more information.

contact: Nikki Harris, Fond

du Lac Ojibwe School 49 University Rd Cloquet, MN 55720 (218) 878-7203 or nikkiharris@fdlrez.com

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form (AD-3027), found online at http://www. ascr.usda.gov/complaint filing cust.html and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992.

Submit your completed

complaint form or letter to USDA by:

1. mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW

Washington, D.C. 20250-9410

- 2. fax: (202) 690-7442; or
- 3. email: program.intake@ usda.gov

This institution is an equal opportunity provider. All ADULT MEALS WILL BE CHARGED \$ 4.00

Final Restoration Plan and Environmental Assessment for the Saint Louis River Interlake/Duluth Tar Site Released

In accordance with the Comprehensive Environmental Response, Compensation and Liability Act and the National Environmental Policy Act, notice is hereby given that the natural resource trustees for the St. Louis River Interlake/Duluth Tar (SLRIDT) site have approved their Final Restoration Plan and Environmental Assessment (Final RP/EA) for the SLRIDT site. The Final RP/EA presents the restoration projects the trustees have selected to implement to restore natural resources and services injured by hazardous substances released in and around the SLRIDT site.

In a settlement with XIK, LLC, Domtar, Inc., and Honeywell

International, Inc., the trustees received approximately \$6.500,000 for the restoration of natural resources and services injured by hazardous substances released in and around the SLRIDT site and approximately \$1,700,000 for past natural resource damage assessment costs. In the Final RP/EA, the trustees selected three restoration projects for implementation: (1) enhancement/restoration of the shallow sheltered embayment at Kingsbury Bay, which includes recreational access and cultural education opportunities (approximately \$5,500,000); (2) watershed protection at Kingsbury Creek (approximately \$640,000); and (3) wild rice restoration in the St. Louis River estuary (approximately \$360,000).

The trustees released their Draft Restoration Plan and **Environmental Assessment** for the SLRIDT site for review and public comment in July 2017. The trustees considered the public comments received, which informed the trustees' analyses and selection of the restoration projects in the Final RP/EA. The Final RP/ EA is available for download from the U.S. Fish and Wildlife Service Midwest Region Natural Resource Damage Assessment website at https:// www.fws.gov/Midwest/es/ec/ nrda/index.html.

The trustees for the SLRIDT site are the U.S. Department of the Interior (U.S. Fish and Wildlife Service and the Bureau of Indian Affairs), the U.S. Department of Commerce

(National Oceanic and Atmospheric Administration), the State of Minnesota (Minnesota Department of Natural Resources, Minnesota Pollution Control Agency), the State of Wisconsin (Wisconsin Department of Natural Resources), the Fond du Lac Band of Lake Superior Chippewa, and the 1854 Treaty Authority (representing the Bois Forte Band of Chippewa and Grand Portage Band of Lake Superior Chippewa).

Fond du Lac Forestry winds down another spring wildfire season

By Christian Nelson,

Fond du Lac Forestry

Fond du Lac Forestry would like to offer thanks to the Fond du Lac community for another quiet wildfire season. Despite a very dry May, and many of us only having a day or two off the entire month, we responded to very few incidents of people burning without valid permits, burning outside of the hours specified on permits, or burning prohibited materials.

Forestry, in accordance with FDL ordinance #5/93, requires burn permits for all fires larger than 3 feet in diameter whenever there is less than 3 inches of continuous snow cover. Forestry issues Band members burn permits, freeof-charge, out of the Resource Management office. Permits are issued to make sure that people



from the Conference. Flyers/Drivers will receive Hotel Info.

Deadline to sign up for the NICOA TRIP is July 6, 2018

POTLUCK Please bring a dish to share. Thank You.



More Info: Velvet Linden (218) 878-8053



are only burning appropriate materials and at times when it is safe to burn. Permits may not be issued if conditions, inappropriate materials, or other factors pose a safety risk. If burning without a valid permit you may be subject to fines or other legal consequences.

Forestry staff, with assistance from Leech Lake fire personnel, successfully completed four prescribed burns with more scheduled in the coming days. The burns are usually conducted to reduce wildfire danger around homes, to create open wildlife habitat, or to renew blueberry areas.

We would like to remind people that a brush and yardwaste drop off location exists south of the Ojibwe school. Please only drop-off materials suitable for composting into the appropriate pile and take all non-compostable waste, including garbage bags you may have used for leaves, to Waste Management. The wood waste is generally ground into chips and used to produce energy, and other yard waste is composted into garden soil. Using waste in this manner is more environmentally friendly and safer than burning it in your yard.

If you'd like to see a short video taken by Matt Goseyun, Fond du Lac Forestry, of two recent prescribed burns, please see the Resource Management webpage (http://www.fdlrez.com/RM/index.htm) that has a link to our new YouTube channel. You can also find more information about burn permits by visiting the Forestry page.

Energy kits

Lake Country Power is giving energy kits to households. To qualify you must have received energy assistance for the 17-18 heating season and be a client of Lake Country Power. Kits contain a power strip, and dusk to dawn light control, and a jump drive with energy savings tips. One kit per household.

Kits may be picked up by someone else only if prior arrangements have been made. Kits will be available until June 12. For more information contact Joan at (218) 878-2658.

FACE program

The Fond du Lac Family and Child Education (FACE) Program is proudly serving families in our community. The overall goals of the FACE Program continue to be:

- Support parents/primary caretakers in their role as their child's first and most influential teacher
- Strengthen family-school-community connections
- Increase parent participation in their child's learning and expectations for academic achievement
- Support and celebrate the unique cultural and linguistic diversity of each American Indian community served by the program
- Promote lifelong learning.

 FACE has been designed to implement a family literacy program for the American Indian families in BIE-funded schools. Program services integrate language and culture in two settings: home and school. In the home-based setting,

services are provided through the 4-component model: Personal Visits, FACE Family Circle (Group Connections), Screening, and Resource Network. In the center-based setting, services are provided through: Adult Learning, Early Childhood Education, Parent Time, and Parent and Child Together (PACT) Time.

Not only do we focus on literacy at school but we also focus on literacy in the home. All actively participating families receive age-appropriate Imagination Library books from Dollywood Foundation for their children every month from birth to five.

If you are interested in more information about our FACE Program and the people we serve, please contact us at (218) 878-7231.

General notice to creditors

In the Matter of the Estate of GINGER L. SAVAGE decedent, MELISSA K. GOMEZ, petitioner. Case No: PR-001-18 GENERAL NOTICE TO CREDITORS

Notice is given that probate proceedings are pending in the Fond du Lac Tribal Court regarding the estate of Ginger L. Savage.

Any claims against the abovereferenced estate must be filed on or before July 30, 2018 or the claims will be barred. All claims must be filed with the Tribal Court and provided to the personal representative by the deadline in order to be considered.

The address of the personal continued on page 32

USDA Rural Development can help **very-low income** families who own single family homes.

USDA Rural Development's Repair and Rehabilitation Loan can be used for many purposes including:

- Updating or purchasing a new central heating system.
- Replacing or adding insulation.
- Replacing doors and/or windows.
- Updating an electrical system.
- Installing a well/and or septic system.
- Repairing a foundation.
- Making your home handicap accessible.
- Other repairs.

Our fixed interest rate is 1% with a term of up to 20 years.

For homeowners 62 and older who cannot repay a loan, grant funds may be available. Grants are limited to elderly applicants (62 years or older) and can only be used to remove health or safety hazards or remodel dwellings to make them accessible to household members with disabilities. The maximum grant assistance is \$7,500.

Contact us at: 1202 8th Street So., Suite 103 Virginia, MN 55792 Phone #: 218-741-3929 ext. 4



United States Department of Agriculture

USDA is an equal opportunity provider, employer, and lender.

continued from page 31

representative of the estate is: Melissa K. Gomez 1709 N. 30th Street Lincoln, Ne 68503 The mailing address of the Tribal court is:

Fond du Lac Band of Lake Superior Chippewa Tribal Court

1720 Big Lake Road Cloquet, Minnesota 55720

Blandin Reservation Community Leadership Program (BRCLP)

Residents of Bois Forte, Fond du Lac and Grand Portage, as

well as Lower Sioux, Mille Lacs, Prairie Island, Shakopee and Upper Sioux reservation communities will participate in intense, culturally specific seven-day training sessions specific to their communities.

Blandin Leadership Programs develop and train a broad base of local leaders to build healthy communities by building on community strengths. Topics covered during training include: identifying and describing community issues and opportunities through the lens of the 9 dimensions of a healthy community, effective interpersonal communication, building social capital, understanding community

power and mobilizing community resources.

"A healthy community is a place where all people can meet their economic, social, physical, cultural and spiritual needs, work together for the common good, and participate in creating their future," said Dr. Kathleen Annette. president and CEO of Blandin Foundation, "We're honored to stand with rural communities across the state as they design and claim their futures."

Alumni of the program have used what they learned to advance community cooperation, be more welcoming, create economic development opportunities, and explore creative solutions for health, safety, housing, and education.

Each community's cohort will reflect a cross-section of the community: age, gender, ethnicity, and community sectors such as businesses, nonprofits, government, healthcare, and education, among others. Timing of application processes will vary by community.

A program of the Grand Rapids-based Blandin Foundation, BCLP has provided experiential leadership training for more than 7,000 community leaders from more than 600 rural Minnesota communities since it began in 1985. BRCLP has provided training to more than 600 leaders in 11 Minnesota Indian Reservations since 2001. Both programs are underwritten by Blandin Foundation, which covers costs for training, materials, food, lodging and tuition.

Elder Concern group drawings

The Elder's concern group winners of the drawings of tickets that were sold by Les and Penny at the Elder's Banquet were:

Betty Martineau, \$50 Super One gift card, Kimberly Fohrenkan \$30 Walmart gift card, and V. Ellis \$15 McDonald's gift card.

Nikkita Buckanaga awarded Community Memorial Hospital Nursing Scholarship

Nikkita Buckanaga, a student at Fond du Lac Tribal and Community College, has been named the 2018 recipient of the Community Memorial Hospital Scholarship. Buckanaga, a current Cloquet resident originally from Carlton and a graduate of Carlton High School, is completing the Practical Nursing Diploma program at Fond du Lac Tribal and Community College in June 2018. After finishing the Practical Nursing diploma program, Nikkita plans to work as an LPN while continuing her education at Fond du Lac Tribal and Community College to complete the Associate Degree Nursing program and become a registered nurse. She has a career goal to become a registered nurse, with a specific interest in cardiac care and working in a rural healthcare setting.

The scholarship is unique in that it was established as part of the relationship between the college and the hospital in Cloquet, with a goal of fostering an environment where the local healthcare workforce is representative of the communities served.

The Community Memorial Hospital Scholarship is awarded through a selection process based on criteria that includes professional promise. enrollment in the Nursing degree program at Fond du Lac Tribal and Community College, grade point average, and a stated desire to work in Carlton County and rural medicine. The scholarship can be used toward tuition, books, and supplies for the academic year.

For more information regarding the scholarship or the Nursing program at Fond du Lac Tribal and Community College, contact Mary Monson, Dean of Nursing and Health Sciences at Fond du Lac Tribal and Community College, at (218) 879-0791.

Minnesota Indian **Business Alliance** Tribal Community Co-Operative Development

Date: Wednesday, June 20,

2018

Time: 5—8:30 p.m.

Location: Black Bear Casino

Meeting Rooms

A family style meal will be served Attendance is limited Registration is required

To Register Contact: Pamela



Help Addison Thompson with travel expenses for the upcoming USA Cup July 17th-21st 2018 in Blaine Mn.



Sponsored by: amythompsonphotography@outlook.com



\$5 per Taco, will deliver on orders of 4 or more. **Cloquet Delivery Only Email pre-order will** start delivery at 10:30am. Pick Up: Cloquet ENP For Delivery: Call 591-2688,721-6529 Date: June 8th



Standing at (218) 847-9554 or info@mniba.org

Ten communities selected for Blandin Leadership Programs

As part of its commitment to strengthening rural communities, Blandin Foundation has named 10 communities where it is making available Blandin Leadership Program training in 2019.

Blandin Community Leadership Program (BCLP)

Residents of Aitkin, Blackduck-Kelliher-Northome, Fairmont, Faribault, Glencoe, Lake City, Planview and Quad Cities (Eveleth, Gilbert, Mt. Iron, Virginia) will participate in intense eightday training sessions specific to their community.



Fond du Lac Historical society

The FDLREZ Historical Society meets the second Friday of each month at the FDL Resource Management building 10 a.m. to 2 p.m. They will have a booth at the 2018 Enrollee Days as they have for the last several years, please check it out at the tables in front of the museum

They have already identified George Sheehy, Nancy Sorenson, and Josephine Thompson, but if you know anyone else in the photo, please visit them at the Enrollee Day booth in front of the museum, or stop by one of their meetings.

Join Us For A Retirement Reception Honoring

President Larry Anderson

JUNE 6, 2018

11:00 am, Amphitheater
Fond du Lac Tribal and Community College
2101 14th Street • Cloquet, MN 55720



Program

- 11:00 Opening prayer and drum
- 11:30 Guest speakers
- 12:15 Performance by Gina Fitzpatrick
- 12:30 Lunch in the gym with slide show and open mic for anyone wishing to offer a story or congratulations

Local Hotels

- Black Bear Casino Resort (218) 878-2327
- AmericInn Lodge & Suites (218) 879-1231
- Super 8 (218) 879-1250

For questions, please contact Mary Soyring at (218) 879-0811 or msoyring@fdltcc.edu





Community News

These community pages are yours, the members and employees of the Fond du Lac Band. We welcome family news. Please send us information about births, engagements, weddings, anniversaries and deaths. Please include the full names of the individuals in the greeting announcement, as well as the date of the occasion. Full names, including individual last names are required.

Also, we will include news of graduations (high school and post-high school) and military service. Memorials to loved ones or notes of appreciation are also welcomed.

Please submit materials during the first two weeks of the month preceding the next issue. For example, send notices to us by or on June 15, 2018 for the July 2018 issue. Information may be sent by U.S. mail to FDL News, 1720 Big Lake Rd., Cloquet, MN 55720, or by email to zacharydunaiski@fdlrez. com.

The telephone number is (218)878-2682. You may also drop off items at our office at the Cloquet Tribal Center. Please remember to include the date of the birthday, anniversary, etc. in your greeting. Always include your daytime phone number and your name with anything you submit. Materials may be edited for clarity and length.

Happy birthday

Happy b-day Nadaly
Jentoft (May
9), we all
miss you so
much and
hope your
doing well.
Have a great



birthday!
Love ya bunches, Grandma
Leah, Uncle Ryan and Joel, and
Ouincy and Journey

Happy birthday to my **Auntie Rose Bridge** (May 12)! *I love you, big xo, Jamie Dawn*

Happy 13th birthday **Quincy De-Foe** (May 15), we love you so much and are proud of you.



Love ya bunches, Grandma Leah, Uncle Ryan and Joel, and your little Bro Journey

Happy birthday to my nephew **Tyrell Diver** (June 1), have an awesome day! *Love ya, Richelle and family*

Happy birthday to our dad, **Michael Peacock Jr.** (June 1) *Love, Mikey, Zoey, and Jordyn*

Happy 3rd birthday **Jax Kettel-hut** (June 4)
Love, Gramma Chelle, Uncle
Mikey, Aunty Zoey, and Aunty
Jordyn

Happy 3rd birthday to **Jax Kettelhut** (June 4), we love you baby. *Love, Mom. Dad. and Brother*

Clay

Happy 23rd birthday **Michael Peacock III** (June 5), hope you

have a memorable day!

Love you, Mom and girls

Happy 26th birthday to **Clayton Kettelhut Sr.** (June 11). May all your dreams come true... Love you, Mom, Mikey, Zoey, and Jordyn

Happy 26th birthday to **Clayton Kettelhut Sr.** (June 11), we love you more than more! *Love, Aliza, ClayJ, and Jax*

Happy 24th birthday Levi Martineau (June 13) and happy 22nd birthday Sterling Martineau (June 28)!

Love, Mom, Joey, Allison, Boobah, Davis, and Grampa

Happy b-day Sister **Pam DeFoe** (June 16), I have so much respect and love for you. *Your sister, Anita*

Happy birthday Ma, **Pam DeFoe** (June 16), from your
#1 son. Love you. have a great
day. *Isaiah*, *Desmond*, and *Dee*

Happy 20th birthday to **Gracelynn Otis** (June 18)! Good luck in the Marathon! *Love, Mom and Dad*

Happy 27th birthday to the best Husband and Father I know, Quade Ojibway



(June 24)! We hope you have an amazing day! We Love you! Love, your wife and kids

Happy birthday to my wife **Marylu Josephson** (June 28). *Love always, Bob*

Thank you

Thank you to the Fond du Lac Forestry wildfire management and public works especially first on scene.

Thank you, J.G.

Congratulations

Emily Trotterchaude completed her Bachelor of Arts degree in Psychology from the UCCS Uni-



versity of Colorado in Colorado Springs May 11, 2018. Congratulations Emily! I am so proud of you! Love, Mom

Congratulations to **Abigail Otis** on receiving her Master's
Degree of Social Work from
The University of MinnesotaDuluth, May 5, and yappy 26th
birthday (June 19)! We are so
proud of you!

Love, Mom and Dad

Memorial Talking to my Auntie Angel By Addison Thompson

Today I'm going to be talking to my Auntie Angel (June 20, 1967-June 25, 2008),



why am I going to talk to her because she passed away unexpectedly when I was younger. We were really close when she was alive. "Hey Auntie Angel, it's good to talk to you," I said.

"It's been a while," she said.
"Ya it's going on 10 years here

"Ya it's going on 10 years here soon," I said.

"Yaya (her mom) is thinking.

"Yaya (her mom) is thinking about having a family BBQ at the cabin on the day you passed or on your birthday."

"That sounds very lovely, I shall be watching over in the heaven."

"Do you ever wonder what our lives would be like if you were still here?"

"Yes sometimes I do, but look how your life is now."

"Look you have a step-brother, a little sister and even a whole nother family," she said.

"Ya but I still wonder what my life would be. I wonder how you would influence our lives today," I said.

"Ya a little bit, but your life would never be the same."

"Ya I guess, but I still miss you and I wish I could have had more time with you."

"Yes so do I, but keep me in your memories in your heart and I will always be with you."



Community News

"So how's it going up there?"
"It's alright."

"That's good, did you get the food we gave you on Thanksgiving and Christmas and our prayers?"

"Yes I got every single prayer, and the food was delicious. Let everyone know that I appreciate it and so does Mike & Toni's dad."

"It's hard to remember you sometimes now, but I have these memories that stick into my head especially the ones at your old house. Like when I would play with the toys at your house. Or when I would play with the Bella Sara cards or online. I think that's what they were called all that I know is that there were horses were involved."

"Oh ya I remember that and you really liked your buttered noodles."

"Ya I did, didn't I," I said. We talked a lot more after this. It was nice to talk to her again and remember some things that I can't remember anymore cause I was pretty young when she was alive. But there is this one memory of sadness that I remember very distinctly. It is of when my dad came home from the hospital but I didn't know that she passed away. And he told me that she passed away and I cried my eyes out. Love and miss you Angel!

"there is not a day that goes by that you are not missed!" Love, your family

Obituary

Thomas G. McFatridge, age 49 of Cloquet, passed away Friday, May 4, 2018. He was born March 29, 1969 in



Cloquet. Tom was a member of Fond du Lac Band of Lake Superior Chippewa and enjoyed fishing, 4 wheeling, and playing softball.

Tom is survived by his wife, Kimberly; sons, Gregory Lacroix, Beau (Starla) Diver, Skylar Komanatz, Damien Diver, and Michael Springer Jr.; daughters, Carissa Diver, Tiffany Lacroix, Tommi Weiland, and Cassandra Diver; parents; John and Elaine McFatridge; brothers, Guy (Jodi Ableiter) McFatridge and Gary (Charlie) McFatridge; numerous grandchildren; and a special friend, Vanessa Fogelberg.

Robert Eugene Durfee, Jr., 62 of Biddeford died unexpectedly on Tuesday, May 1, 2018 at his home. He was born on May 7, 1955 to Robert

Eugene and Madeleine Durfee in Duluth, MN. He was raised in Duluth and played football at Minnesota



State before he proudly served in the US Army stationed in Mannheim, Germany as well as Leavenworth, Kansas.

After the Army, he graduated from the police academy. He started his law enforcement career by becoming a policeman for the Cumberland Police Department. He then became

a Deputy with the Cumberland County Sheriff's Office. After he retired from the Sheriff's Office he became a Deputy Judicial Marshal for the State of Maine. He also worked security at Mercy Hospital. He was truly dedicated to law enforcement and his family. His favorite pastimes were family dinners, his two dogs and most of all his grandchildren. He was a member of the Fond du Lac Band of Lake Superior Chippewa.

Robert is now resting with his father, Robert Eugene Durfee, Sr.; his mother-in-law, Lucille Jamieson; son-in-law Luis Caban, II; and a grandson Noah Brunet.

Robert is survived by:

His wife of 21 years, Donna Durfee, Married May 11, 1996.

His four children, Shaun Durfee and his wife Sarah, Toni Durfee, Miranda Durfee Brunet and her husband Jason and Nicholas Vance and his wife Jessica.

His mother, Madeleine Larson, 3 brothers, 2 sisters, and many nieces and nephews.

His father-in-law, Earl Jamieson, Jr.

His grandchildren, Mason, Owen, Gianna, Brantley, Paxton, Greyson

His two brothers-in-law, Dan Jamieson and his wife Michelle, David Jamieson and his wife Jen. In lieu of flowers, donations in

In lieu of flowers, donations in Robert's name may be made to The Suicide Prevention Awareness Program, 1 Bangor St., Augusta, ME 04330-5735 or online at www.namimaine.org as well as the Central Service Office of AA, 47 Portland St., Portland, ME 04101 (single donations of \$2000 or more cannot be accepted).

Lois M. Lake, Bridgeport, MI Our beautiful mother, grandmother, great-grandmother, & friend was called home on April 16, 2018.

Lois was born in Flint Michigan on November 30, 1933, to the late Goldie (Preston) & James Pineau. She married Bill Lake March 6, 1954 and they lived and raised their 4 children in Bridgeport Michigan. He preceded her in death on March 29, 1981. Lois was a go-getter, involved in many things during her life

including Girl Scout leader, Den Mother, 4H leader, and lover of the outdoors & animals, especially horses. She was a

long-time



member of the Tri-County Horse Association and loved riding, especially with her sister and grandchildren. A favorite was the shore-to-shore ride which she last completed when she was in her 70's. She thoroughly enjoyed time spent with the Trail Rider's family and those memories carried her into her later years.

Lois was also a business woman, running Lake's Horse & Pet Supply out of her home for many years. She founded Fon-du-lac Construction in 1983 and ran that company with her son, doing many projects in mid-Michigan. She proudly served as a member of the ad-hoc committee in Lansing representing women in business.

Lois was a strong Christian woman who lived her faith through her kind, caring spirit and amazing generosity with family and friends. She saw the good in everyone and was a positive light to many, especially when they were experiencing life challenges.

She resided the last few years

at Union Court Assisted Living in St. Charles where she made many friends and enjoyed the activities and lifestyle. We are grateful to the staff & caregivers there who embraced her like family and made her days enjoyable. Special thanks to Ann who showed Lois amazing love and care.

Lois is survived by her sons Ross (Pam) Lake, and Rick (Pat) Lake of Denver, CO, her sister and best friend Ethel Foley, 5 grandchildren, Tracev (John) Looby, Brent (Danielle) Lake, Laura Lake, Katie Rose and Christy Stone, 10 great grandchildren, and a number of nieces and nephews. She was preceded in death by her husband Bill, children Roy & Renee, and a number of in-laws. Funeral service will take place at 11:30 a.m. on April 21, 2018 at W.L. Case, 5700 Dixie Highway. Pastor Ted Doolittle will officiate with burial to follow in Pinegrove Cemetery in Bridgeport. Visitation will take place on Friday at the funeral home from 4-8 p.m. and again on Saturday from 10:30 a.m. until the time of service. Memorial contributions may be made to the Michigan Parkinson's Foundation or O.A.T.S., an equine organization in Ortonville, MI that provides physical and mental therapy through interaction with horses

Foster care parent

to children and adults.

An elder Native Ikwe is looking for a modual 2 bedroom or more to put on the lot she just got from the Rez. Wants to be a foster care parent. Willing to pay if not too expensive.

Chi-Miigwech Anita (218) 391-6578 or (218) 879-4406.



Ode-imini-giizis – Strawberry Moon – June 2018

ALR: Assisted Living Residence; BBCR: Black Bear Casino Resort; BBGC: Black Bear Golf Course; BCC: Brookston Community Center, (218)878-8033; CAIR: Center for American Indian Resources (218) 879-1227; CCC: Cloquet Community Center, (218)878-7510; CFC: Cloquet Forestry Center; CPT: Cloquet Premier Theatre; CHS: old FDLSS door; DC: Damiano Center; FACE: Family and Child Education Bldg.; FDC: Food Distribution Center; FDLGG: Fond du Lac Gas & Grocery; FDLM: Fond du Lac Museum; FDLSH: FDL Supportive Housing; FDLTCC: Fond du Lac Tribal & Community College; MKW: Mash-Ka-Wisen Powwow Grounds; MKWTC: Mash-ka-wisen Treatment Center; MNAW: Min no aya win (218)879-1227; MTC: MN Chippewa Tribal building; NRG: Natural Resource Garage; OJS: FDL Ojibwe School; OJSHS: Ojibwe School Head Start; PLT: Perch Lake Townhall; RMD: Resource Management Division: SCC: Sawver Community Center. (218)878-8185: TRC: Tagwii Recovery Center: TCC: Tribal Center Classroom:

MONDAY	THE CDAY				
	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Larry Anderson retirement June 6 11 a.m FDLTCC	Health Fair June 7 10 a.m. FDLOJS	Kiwenz language camp June 13-17 Kiwenz campground	Enrollee Days June 22-23	1	Come & Swim & use the gym Gitigaan plant giveaway 8 a.m. FDLRM Path to Resilience 1 p.m. Aicho
Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Language 5 p.m. SCC Cribbage 5 p.m. CCC	Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. CAIR Gitigaan 4:30 p.m. CCC	Last day of school FDLOJS (half day) Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Larry Anderson retirement 11 a.m. FDLTCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Language 5 p.m. BCC Women's group 5:30 p.m. MNAW	Health Fair 10 a.m. FDLOJS Get Fit 12 p.m. CCC GED 5 p.m. CCC Language 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC	8	Come & Swim & use the gym Terry Fator 7 p.m. BBCR
Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Language 5 p.m. SCC Cribbage 5 p.m. CCC	Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. CAIR Caregiver support group 12 p.m. CHS Gitigaan 4:30 p.m. CCC	Kiwenz language camp Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW Adult Game Day 1 p.m. CCC GED 2 p.m. SCC Language 5 p.m. BCC Women's group 5:30 p.m. MNAW 13	Kiwenz language camp Get Fit 12 p.m. CCC GED 5 p.m. CCC Language 5 p.m. CCC Open Gym 5 p.m. CCC Nicoa 5:30 p.m. CCC AA Support 6 p.m. CCC	Kiwenz language camp	Kiwenz language camp Veterans golf tournament 7:30 a.m. BBCR Come & Swim & use the gym
Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Language 5 p.m. SCC Cribbage 5 p.m. CCC	Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. MNAW Parenting second time around 1 p.m. CHS Gitigaan 4:30 p.m. CCC Health and nutrition 5 p.m. CCC	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Language 5 p.m. BCC Women's group 5:30 p.m. MNAW	Enrollee Day signup 12 p.m. CCC Get Fit 12 p.m. CCC GED 5 p.m. CCC Language 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC	Enrollee Days See page 3	Enrollee Days See page 3
Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Language 5 p.m. SCC Cribbage 5 p.m. CCC	Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. MNAW Gitigaan 4:30 p.m. CCC	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Language 5 p.m. BCC Women's group 5:30 p.m. MNAW Sobriety Feast 6 p.m.	Get Fit 12 p.m. CCC GED 5 p.m. CCC Language 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC	29	Come & Swim & use the gym
	Anderson retirement June 6 11 a.m FDLTCC Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. SCC PiYo 12 p.m. CCC Language 5 p.m. SCC Cribbage 5 p.m. CCC Cards 9 a.m. CCC Cards 9 a.m. CCC Cards 9 a.m. CCC Language 5 p.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC Cards 9 a.m. CCC Cards 9 a.m. CCC Elder exercise 9 a.m. CCC Cibbage 5 p.m. CCC Language 5 p.m. CCC Language 5 p.m. CCC Language 5 p.m. CCC Language 5 p.m. CCC Cibbage 5 p.m. CCC Language 5 p.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC Language 5 p.m. CCC Cards 9 a.m. CCC	Anderson retirement June 6 11 a.m FDLTCC Elder water aerobics 8:15 a.m. CCC Cards 9 a.m. CCC Cribbage 5 p.m. SCC	Anderson retirement June 6 11 a.m FDLTCC Elder water aerobics 8:15 a.m. CCC Elder water aerobics 8:15 Language 5 p.m. CCC Cribbage 5 p.m. CCC Cards 9 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC Elder exercise 9 a.m. CCC Elder exercise 9 a.m. CCC Elder exercise 9 a.m. CCC Cribbage 5 p.m. CCC Ill Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder ex	## Health Fair June 7 10 a.m. FDLOJS Last day of school PIDLOS Last day of sch	Anderson retirement June 6 11 a.m. FDLOJS Carboral State Carboral Sta